

GUIDE TO THE BASES 2010



ITALY

PROCIDA, TROPEA,
PALERMO & CANNIGIONE



The Moorings®

The Best Sailing Holidays In The World.

CUSTOMER FACT FILE

Dear Charter Guest,

*We are delighted you have chosen to sail with **Sail Italia/The Moorings**. This customer fact file was compiled to make your holiday with us in Italy as smooth and pleasant as possible. It includes information for your trip, various ways of reaching our **bases in Italy**, facilities at each port, a typical inventory of the boat and sample itineraries.*

*Whilst reading this guide and dreaming of your forthcoming holiday, you may wish to know more. Should you require further information, **Sail Italia/The Moorings** is entirely at your disposal.*

We look forward to welcoming you soon in Italy.

Yours faithfully,

Sail Italia/The Moorings Team

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IMPORTANT

Your crew list, a copy of your sailing licence (if you have one) or a completed Moorings sailing

resume, and provisioning list (if applicable) must be returned to your agent at least 3 weeks before your departure. It is equally important to confirm your arrival time with the base.

Note: This information was carefully checked in February 2010 and is given to you as a guide only. In the event of any changes or inaccuracies, we cannot be held responsible and regret any inconvenience caused. The prices given in this guide may vary accordingly.

I. THE BASE IN PROCIDA

Our Base manager, **Domenico Ambrosino**, and his team are waiting to greet you.

Client Welcome

Sailitalia/The Moorings

Via Roma No. 10

80079 Procida

ITALY

Tel: +39 081 896 9962

Fax : + 39 081 896 9264

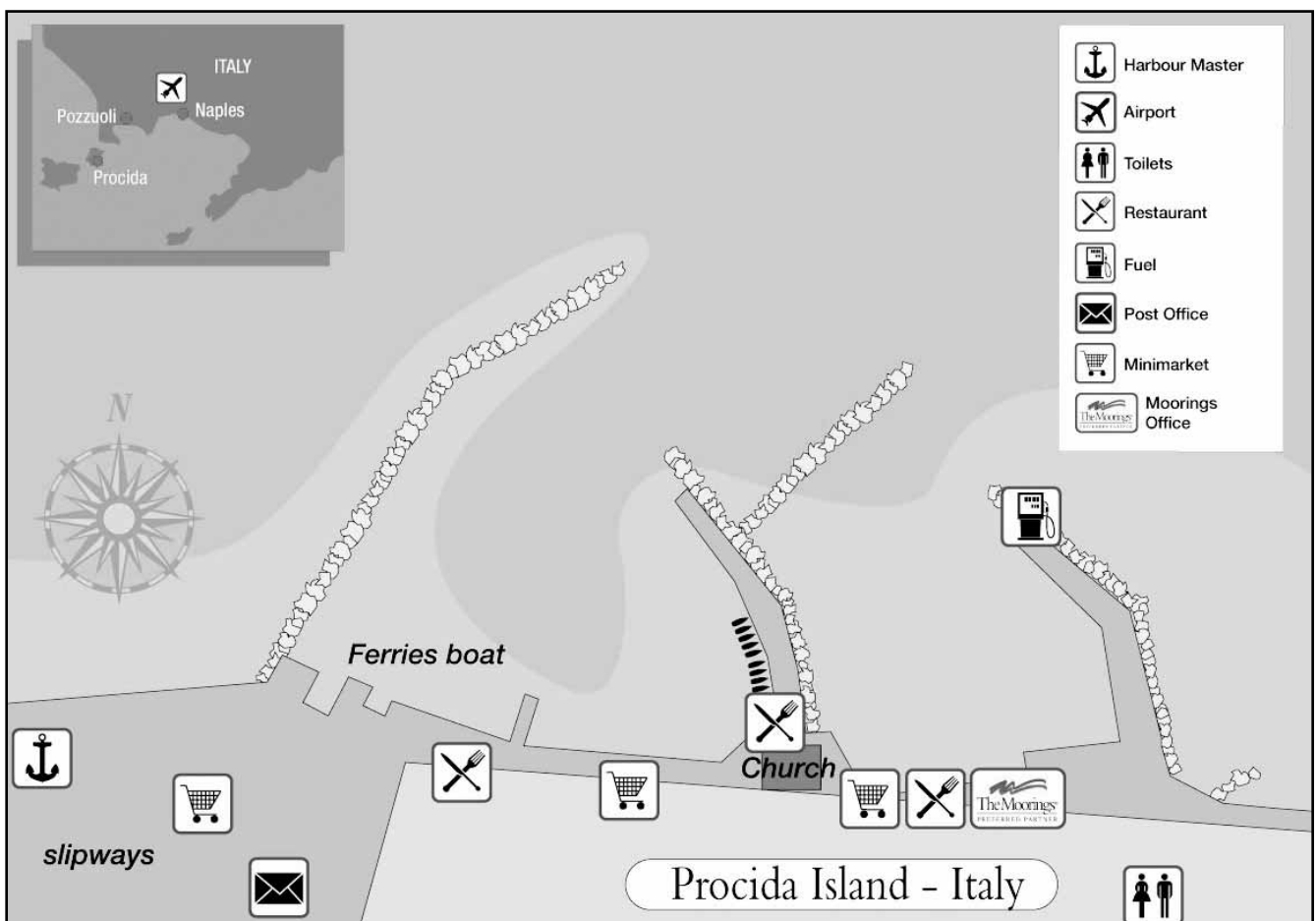
(Mobile): + 39 335 803 0402

Monday to Friday: 9.30am till 1.00pm and 3.30pm till 7.30pm

Saturday: 9.30am till 7.30pm or until last embarkation

Sunday 9.00am /12.00pm in case of embarkation

Base Manager can be contacted 7 days a week



I.1 HOW TO GET TO OUR BASE IN PROCIDA

ARRIVAL FROM NAPLES

The Island of Procida is 25km from Naples. From the main Ports of Naples there are two locations from which ferries and hydrofoils depart - **Molo Beverello for Aliscafi/Hydrofoils and Porta di Massa for Traghetti/Ferries**. These two locations are within walking distance of each other. From the Port of Pozzuoli, you will also find regular ferry or hydrofoil services to Procida. The journey time by ferry to Procida will take up to one hour and by hydrofoil about 35 minutes.

Transfers from the airport to the base can be arranged on request.



ARRIVAL BY PLANE: FROM THE AIRPORT TO THE BASE

Once leaving the airport, you must go to the main ports of Naples (Molo Beverello or Porta di Massa), or to the Port of Pozzuoli. From both of these Ports, you will find regular ferry or hydrofoil services to Procida



LOCAL BUSES

Alibus : departs from Naples airport to the main Port of Naples (Molo Beverello) every half hour.
The journey takes about 30 minutes
(6:00am and 11.30pm)
Price : 3 euros per person.



TAXIS (Airport to the ferry harbour)

Price : 35 euros approx. (+ luggage)
The transfer takes approx. 30 minutes



ARRIVAL BY FERRY / HYDRFOIL

Molo Beverello

Caremar (hydrofoil service)
SNAV (hydrofoil service)

Porta di Massa

Caremar (ferry service)

Pozzuoli

Caremar (ferry or hydrofoil)
Procida Lines (ferry only)
Procidamar (ferry only)



ARRIVAL BY TRAIN (Central Station, Naples)

On leaving the station, you must go to the main port of Naples (**Molo Beverello for Hydrofoil departures to Procida** and **Porta di Massa for Ferry departures to Procida**).

A taxi from the station to these two Ports will cost about 15 euros and the journey will take about 5 to 10 minutes.



USEFUL INFORMATION FOR YOUR TRIP



AIRLINES / AIRPORTS

Reservations

Alitalia	+ 39 848 865643	www.alitalia.it
British Airways	+ 39 199 712266	www.britishairways.com
Easyjet	+ 39 848 887766	www.easyjet.com
Iberia Airlines	+ 39 848 826236	www.iberia.com
Lufthansa	+ 39 199 400044	www.lufthansa.it
Meridiana	+ 39 0789 52682	www.meridiana.it



CAR RENTALS

Avis	+ 39 081 7516052	www.avisautonoleggio.it
Eurocar	+ 39 081 7805643	www.eurocar.it
Hertz	+ 39 081 7802971	www.hertz.it
Maggiore	+ 39 081 7803011	www.maggiore .it



FERRY AND HYDROFOIL

Caremar	+ 39 081 8449297	www.caremar.it
SNAV	+ 39 081 4285555	www.snav.it
Procida Lines	+ 39 081 8960327	www.procida.net
Procidamar	+ 39 081 4972277	www.procida.net

The journey time by ferry will take up to an hour and the journey by hydrofoil will take up to 35 minutes. The cost by hydrofoil is approx. 12 euros and by ferry approx. 7 euros.

TRAVEL AGENCY

Graziella Travel	+ 39 081 8969564	www.isoladiprocida.it
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I.2 BASE FACILITIES IN PROCIDA

The Sail Italia/Moorings Base is located along the marina not far from where the ferries and hydrofoils arrive. As you leave the ferry/hydrofoil, you should turn left and walk along the marina. Once you have passed the church you will find our office on the right, about 20 metres further on.



PROVISIONING

You can ask Sail Italia/The Moorings to take care of your provisioning for you. Please return your order at least 3 weeks before your departure, and the Base will coordinate the delivery onboard your boat upon arrival. Check your purchases and pay the Base directly.



SUPERMARKET

Are all located within a few metres from the Sail Italia/Moorings office and open Monday to Saturday from 8.30am till 1.00pm and again from 5.30pm till 8.30pm. During the summer months, supermarkets are also open on Sunday mornings.



BANKS AND MONEY EXCHANGE

Opening hours : Monday – Friday: 8:30am-1:30pm
Saturdays: 08:30am-1:00pm (during the summer months only)
Cash Machine operational 24 hours a day.



PARKING

The Sail Italia/Moorings office can arrange secured parking. The cost is € 10 per day for all sized vehicles. Parking should be arranged with your Agent beforehand.



HARBOUR OFFICE

The Marina of Procida office is located at the end of the Marina, and not far past the Sail Italia/Mooring office.



FUEL

Your boat's tanks will be full upon delivery of your yacht. Refuelling is included in the price of the Service Plan.



SANITARY INSTALLATIONS

You will find complete sanitary installations at the marina, toilets, washbasins and showers - open 24 hours.



220 ELECTRICITY

All yachts are equipped with power cords, a battery charger and 220V plugs.
The piers in the Marina are equipped with 220V outlets. The inventory includes an adaptor. The piers of other marinas are generally equipped with 220V outlets.



PORT BERTHS

Sail Italia/Moorings has reserved berths in the Marina of Procida a short walk from the Sail Italia/Moorings Office.

Your first and last night moorings are complimentary. All other nights are at customer's expense and subject to availability.

Payment details will be confirmed at the Base.



ICE

Included in the **Service Plan**, ice will be provided on the boat on your arrival. The Moorings yachts are equipped with 12V refrigerator.



POST OFFICE & TELECOMMUNICATIONS

The post office is a good 10 minute walk from the Marina.

The Sail Italia/Moorings staff can give you directions if required.

The Post Office is open from Monday to Friday 8:00am to 1:30pm and Saturdays from 8:00am to 12.00pm.



DIVING AND SNORKELLING

To help you avoid travelling with an extra bag, SailItalia/The Moorings has snorkelling equipment (fins, masks and snorkels) for your use at all of its Bases. The equipment is stored in the office. Just ask to be supplied with the correct size.



TOURIST INFORMATION CENTRES

Graziella Travel

+39 081 8969564

www.isoladiprocida.it



HOTELS

Hotel La Vigna	+39 081 8960469	www.albergolavigna.it
Hotel Tonnara	+39 081 8101052	www.latonnarahotel.it
Hotel La Casa sul Mare	+39 081 8968799	www.lacasasulmare.it
Hotel Savoia	+39 081 8967616	www.procida.net/savoia/index.htm
Hotel Crescenzo	+39 081 8967255	www.hotelcrescenzo.it
Hotel Royal Continental	+39 081 245 2068	www.royalcontinental.it
UNA Hotel Napoli	+39 081 563 6901	www.unahotels.it
Grand Hotel Oriente	+39 081 551 2133	www.grandhoteloriente.it
NH Ambassador	+39 081 410 5111	www.nh-hotels.it
Hotel Mercure Anggoino Napoli Centro	+39 081 552 9500	www.mercure.com
Renaissance Naples Hotel Mediterraneo	+39 081 797 0001	www.mediterraneanapoli.com
Hotel San Pietro	+39 081 286 040	www.sanpietrohotel.it



RESTAURANTS

Gorgonia	+39 081 8101060
La Conchiglia	+39 081 8967602
La Pergola	+39 081 8969534
Sfizico	+39 081 8969931
Caracalè	+39 081 8969192
Bordero	+39 081 8101919
Pit Bull Steakhouse	+39 081 8101905

GUEST HOUSE

Le Grand Bleu International	+39 081 8969594	www.isoladiprocida.it/legrandbleu
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PLACES OF INTEREST:

Terra Murata – Is the place in Procida that evokes the most emotions, the walk is a must. At around 91 metres above sea level, the highest point of the island, Terra Murata is an island on an island. For a long time the historical and cultural centre of the island, it is reachable only by a brisk climb upon which it is possible to admire an unbelievably breathtaking panorama of the whole Gulf of Naples and its Islands.

Marina Corricella – It is not only the most beautiful place in Procida but also one of the most beautiful places in the world. Pink, yellow, white, green and red are the colours that predominate in Corricella – a fishermen's village, built like an amphitheatre on the sea and surrounded by nets all around the wharf. Corricella is only reachable by sea or by four stairways that increase the charm of the place. There are no vehicles here, only the voices of the fishermen who mend the nets on the wharf.

Piazza dei Martiri (Semmarézio) – It is the terrace of Procida. A small piazza suspended between sky and sea, a crossroad between Corricella, Marina Grande and Terra Murata. The piazza witnessed to one of the most tragic events in the history of the island: the hanging of 16 citizens guilty of having adhered to the Neopolitan Republic.

II. THE BASE IN TROPEA

Our Base manager, **Davide Forte**, and his team are waiting to greet you.

Client Welcome

Sailitalia/The Moorings
Via Marina del Vescovado
89861 Tropea (VV)
ITALY

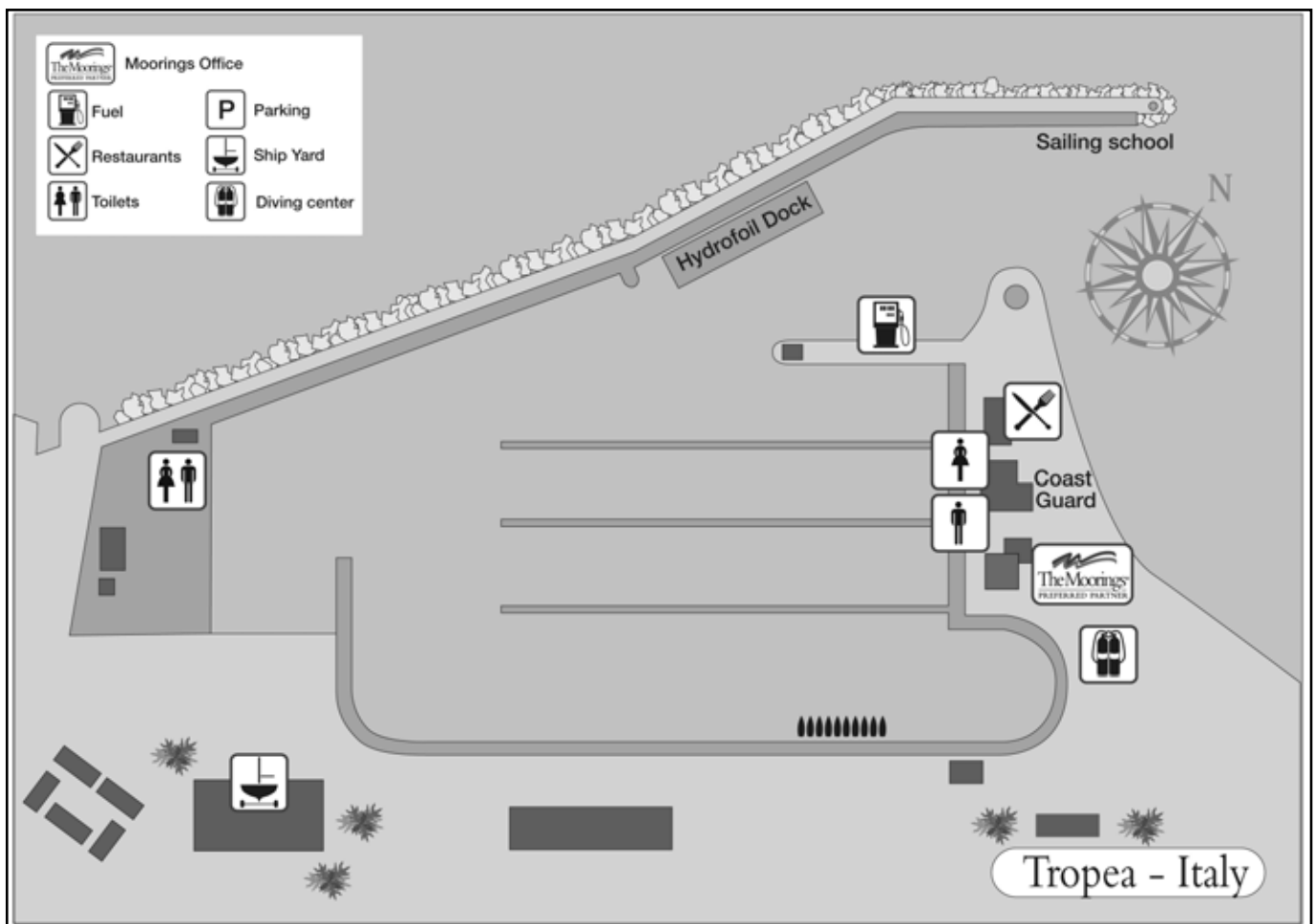
Tel / Fax : +39 0963 62057

(Mobile): + 39 331 8534490

Saturday : 9.30am till 7.30pm or until last embarkation

Sunday : 9.00am /12.00pm in case of embarkation

Base Manager can be contacted 7 days a week



I.1 HOW TO GET TO THE BASE IN TROPEA



ARRIVAL BY PLANE: FROM THE AIRPORT TO THE BASE

Lamezia Terme Airport is approximately 50km from the Base. By car, the journey to the Base is about one hour. Clients can also travel to the town of Tropea, by train. Lamezia Terme Train station is 1.5km from the airport. From this station you can take a local train to Tropea. The journey takes approximately one hour and a ticket will cost approx 3.50 euros. From the station of Tropea it is a five minute taxi ride to the Port.

Transfers from the airport to the base can be arranged on request.



BUSES

There are no buses available from the airport to the Port of Tropea



TAXIS (Airport to Base)

Price : 90 euros approx. (+ luggage)
The transfer takes approx. **1 hour**



USEFUL INFORMATION FOR YOUR TRIP



AIRLINES / AIRPORTS

Alitalia	+ 39 848 865643	www.alitalia.it
Lufthansa	+ 39 199 400044	www.lufthansa.it
Meridiana	+ 39 0789 52682	www.meridiana.it
Air One	+ 39 199 207080	www.TUI.it/AirOne
Air France	+ 39 199 309092	www.airfrance.it



CAR RENTAL

Avis	+ 39 0968 51508	www.avisautonoleggio.it
Eurocar	+ 39 0968 51541	www.eurocar.it
Hertz	+ 39 00968 51533	www.hertz.it
Maggiore	+ 39 0968 51331	www.maggiore .it

TRAVEL AGENCY

Valentour, Tropea	+ 39 0963 62100	www.valentour.it
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II.2 BASE FACILITIES IN TROPEA

The Sail Italia/Moorings Base is located next to the Coast Guard Office, on your right as you enter the port. Our boats are located 15 metres from the Base. We have an excellent reception, briefing and storage area. The Port also has a small shopping area.



SUPERMARKET

There are three mini-markets within 100 metres of the Port.

The larger supermarkets are located in the town of Tropea and you will need a taxi to get there. The cost of a taxi will be approx. 20 euros.

The supermarkets are open Monday - Saturday from 8:00am till 1:00pm and again from 4:30pm till 8.30pm. During the summer months, supermarkets are also open on Sunday mornings.



PROVISIONING

You can ask Sail Italia/The Moorings to take care of your provisioning for you. Please return your order at least 3 weeks before your departure, and the Base will coordinate the delivery onboard your boat upon arrival. Check your purchases and pay the Base directly.



PARKING

Inside the Port of Tropea there is car parking for about 200 cars. Depending on the time of year, the cost ranges between 3 to 5 euros per day. Parking should be arranged with your Agent beforehand.



BANKS AND MONEY EXCHANGE

Opening hours : Monday – Friday: 8:30am-1:30pm
Saturdays: 08:30am-1:00pm (during the summer months only)
Cash Machine operational 24 hours a day.



FUEL

Your boat's tanks will be full upon delivery of your yacht. Refuelling is included in the price of the Service Plan.



HARBOUR OFFICE & INSTALLATIONS

The Port of Tropea office is located at the entrance of the Port, not far from the Sail Italia/Moorings office and 30 metres from our boats.
There you will find free showers and toilet facilities.
There is also an automatic laundry.
The cost for washing is 3.50 euros per load. The cost for drying is also 3.50 euros per load.



220 ELECTRICITY

All yachts are equipped with power cords, a battery charger and 220V plugs.
The piers in the Marina are equipped with 220V outlets. The inventory includes an adaptor. The piers of other marinas are generally equipped with 220V outlets.



PORT BERTHS

Sail Italia/Moorings has reserved berths in the Marina, just a short walk from the SailItalia/Moorings Office. Your first and last night moorings are complimentary. All other nights are at customer's expense and subject to availability.
Payment details will be confirmed at the Base.



ICE

Included in the **Service Plan**, ice will be provided on the boat on your arrival. The Moorings yachts are equipped with 12V refrigerators.



POST OFFICE & TELECOMMUNICATIONS

The post office is located in the town of Tropea and you will need a taxi to get there.
The Post Office is open from Monday to Friday 8:00am to 1:30pm and Saturdays from 8:00am to 12.00pm.



DIVING AND SNORKELLING

To help you avoid travelling with an extra bag, SailItalia/The Moorings has snorkelling equipment (fins, masks and snorkels) for your use at all of its Bases. The equipment is stored in the office.
Just ask to be supplied with the correct size.



TOURIST INFORMATION CENTRES

Associazione Tuistica “Pro Loco” Tropea

+39 0963 61475

www.prolocotropea.eu.it



HOTELS

Hotel Villa Antica ****	+39 0963 607176	www.vilaantiatropea.it
Hotel Borgo di Riaci ****	+39 0963 669806	www.borgodiriaci.com
Hotel Roccanettuno ****	+39 0963 998111	www.roccanettuno.com
Hotel Umberto ***	+39 0963 669068	www.hotel-umberto.it
Hotel Orizzonte Blu ***	+39 0963 669311	www.orizzonteblu.it
Le Rocchette Mare & Club ***	+39 0963 61358	www.rocettemare.it



RESTAURANTS

Il Normanno	+39 0963 603240	Via Pontoriero, Tropea
Antico Borgo	+39 0963 62562	L. go Vaccari, Tropea
L'approdo di Ulisse	+39 333 2235993	Porto Turistico, Tropea
La Pergola	+39 0963 62437	Via Annunziata, Tropea
Osteria del Pescatore	+39 0963 603477	Via del Monte, Tropea
Tre Fontane	+39 0963 61419	C.so Vottorio Emanuele, Tropea

APARTMENTS

Grunella Apartments	+39 0963 61427	www.gurnella.it
I Gioielli Residence	+39 0963 62528	www.residenzagioielli.it

PLACES OF INTEREST:

Tropea is one of the most beautiful towns in Calabria on the south Tyrrhenian coast. It overlooks a crystal clear blue sea with stupendous white, sandy beaches and fantastic rock formations. The Aeolian Islands are only 30 miles from Tropea.

The Township of Tropea – The town has almost completely preserved its 16th century planning. You can admire the “Porta Nuova”, the opening above the sea of piazza Galluppi with the savage cliff precipitating into the white beach stretching below. The narrow streets of Tropea, the ancient noble palaces and the whiteness of the beaches below in contrast with the deep blue sea are an extraordinary experience for the senses.

The Chapel of Santa Maria dell'Isola, situated right on the cliff above the sea, can be reached by a winding path from the beach. Visit the church and do not miss the garden that offers breath-taking views of the sea from above – also because of its hidden terraces and panoramic benches.

The Museum of Traditional Trades of Calabria – The various churches, palaces and decorated front doors are free to be discovered in every corner of the town. Just walk around in the shade of the late afternoon and enjoy the lost feeling of ancient history in every stone, the voices of the present being mixed with those of the past and if you are lucky you will discover the special feeling of time never moving that is particularly strong in the enchanted town of Tropea.

III. THE BASE IN PALERMO

Our Base manager, **Claudio Galeano**, and his team are waiting to greet you.

Client Welcome

Sailitalia/The Moorings

Via Simone Guli, 37

Acquasanta District

90142 Palermo

ITALY

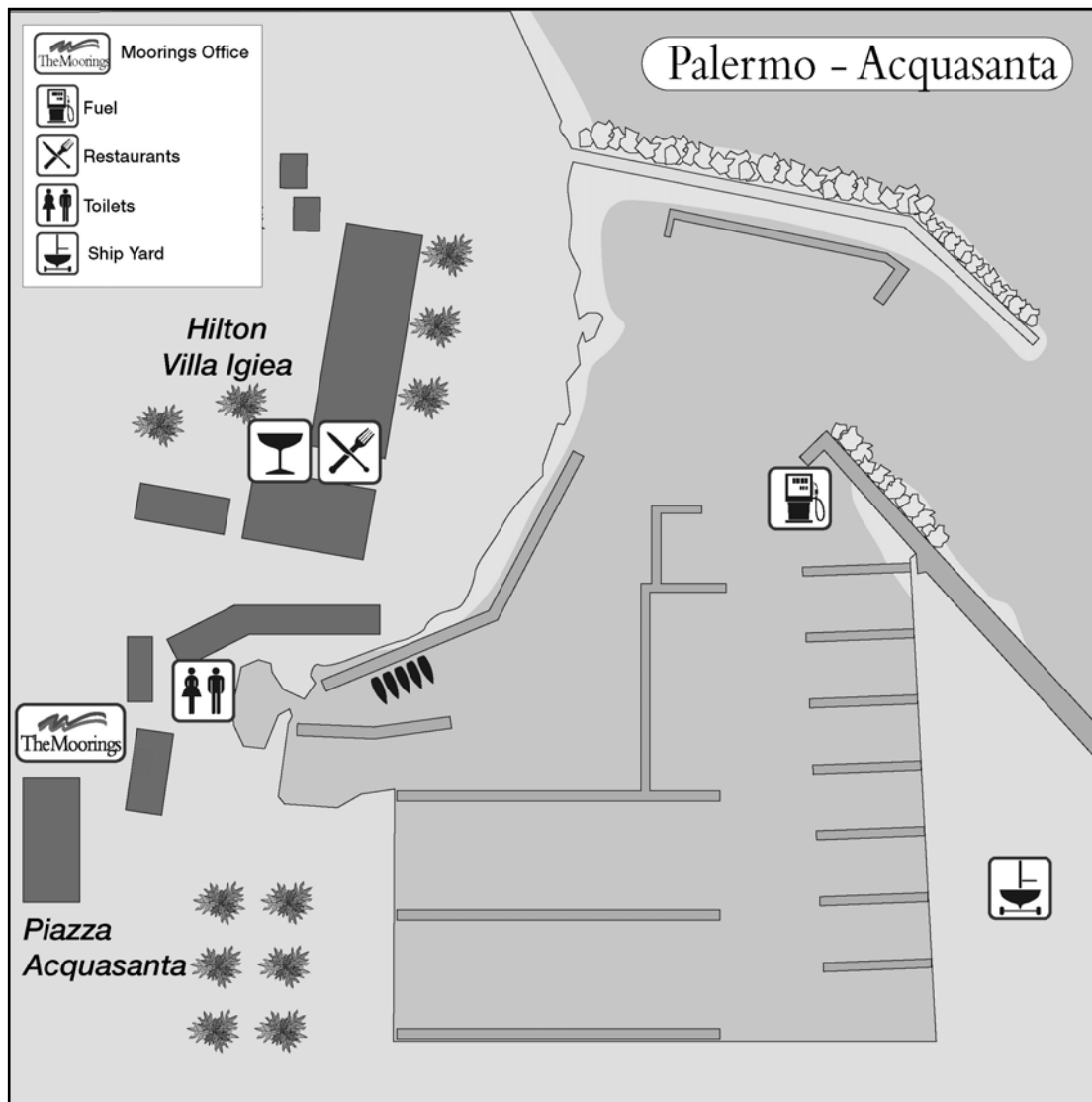
Tel / Fax : +39 091 6314198

Mobile: + 39 331 959 4063

Saturday: 9.30am till 7.30pm or until last embarkation

Sunday 9.00am /12.00pm in case of embarkation

Base Manager can be contacted 7 days a week



III.1 HOW TO GET TO THE BASE IN PALERMO



ARRIVAL BY PLANE:

Palermo Airport is approximately 35km from the city of Palermo and 25km from the Base. By car, the journey to the Base will take you about 40 minutes. Clients can also travel by train from the airport to the city of Palermo. The journey takes approximately 45 minutes and a ticket will cost 5.00 euros approx.

From the train station in Palermo it is a 10 minute taxi ride to the Port and costs approximately 15 euros. There is also a bus service from the airport to the city of Palermo.

Transfers from the airport to the base can be arranged by on request.



BUSES (Airport to Central Station)

The bus departs from Palermo airport to the main train station every half hour. The journey takes approx. 45 minutes (6:00 am to 11:30pm). Price : 6 euros per person.



TAXIS (Airport to Base)

Price : 70 euros approx. (+ luggage)
The transfer takes approx. **40 minutes**



USEFUL INFORMATION FOR YOUR TRIP



AIRLINES / AIRPORTS

Alitalia	+ 39 848 865643	www.alitalia.it
Lufthansa	+ 39 199 400044	www.lufthansa.it
Meridiana	+ 39 091 7020254	www.meridiana.it
Air One	+ 39 199 207080	www.TUI.it/AirOne
Air France	+ 39 199 309092	www.airfrance.it
Easyjet	+ 39 899 678990	www.easyjet.com



CAR RENTALS

Avis	+ 39 091 591684	www.avisautonoleggio.it
Eurocar	+ 39 091 591688	www.eurocar.it
Hertz	+ 39 091 213112	www.hertz.it
Maggiore	+ 39 091 591681	www.maggiore .it

TRAVEL AGENCY

Agenzia Viaggi Tagliavia	+ 39 091 582533	www.tagliavia.it
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III.2 BASE FACILITIES IN PALERMO

The Sail Italia/Moorings Base is located at Via Simone Guli, 37 in the Acquisanta District near Acquisanta Square. Our boats are located 15 metres from the Base. We also have an excellent reception, briefing and storage area.



SUPERMARKET

There is a supermarket 200 metres from the Base. The Supermarkets are open Monday - Saturday from 8:00am till 8.00pm. During the summer months, supermarkets are also open on Sunday mornings.



PROVISIONING

You can ask Sail Italia/The Moorings to take care of your provisioning for you. Please return your order at least 3 weeks before your departure, and the Base will coordinate the delivery onboard your boat upon arrival. Check your purchases and pay the Base directly.



BANKS AND MONEY EXCHANGE

Opening hours : Monday – Friday: 8:30am-1:30pm
Saturdays: 08:30am-1:00pm (during the summer months only)
Cash Machine operational 24 hours a day.



PARKING

The Sail Italia/Moorings office cannot organise parking. The Parking area is located 15 minutes from the Base, however, they will not take bookings in advance.



HARBOUR OFFICE & INSTALLATIONS

The Marina office is located at the marina, not far from the Sail Italia/Moorings office. There you will find free showers and toilet facilities.



FUEL

Your boat's tanks will be full upon delivery of your yacht. Refuelling is included in the price of the Service Plan.



PORT BERTHS

Sail Italia/Moorings has reserved berths in the Marina, just a short walk from the SailItalia/Moorings Office. Your first and last nights moorings are complimentary. All other nights are at customer's expense and subject to availability. Payment details will be confirmed at the Base.



220 ELECTRICITY

All yachts are equipped with power cords, a battery charger and 220V plugs. The piers in the Marina are equipped with 220V outlets. The inventory includes an adaptor. The piers of other marinas are generally equipped with 220V outlets.



DIVING AND SNORKELLING

To help you avoid travelling with an extra bag, SailItalia/The Moorings has snorkelling equipment (fins, masks and snorkels) for your use at all of its Bases. The equipment is stored in the office. Just ask to be supplied with the correct size.



ICE

Included in the **Med Service Plan**, ice will be provided on the boat on your arrival. The Moorings yachts are equipped with 12V refrigerators.



POST OFFICE & TELECOMMUNICATIONS

A post office is a good 10 minute walk from the Marina. The Sail Italia/Moorings staff can give you directions if required. The Post Office is open from Monday to Friday 8:00am to 1:30pm and Saturdays from 8:00am to 12.00pm.



TOURIST INFORMATION CENTRES

Azienda Provinciale per l'Incremento del Turismo Di Palermo

+39 091 6058111

www.aapit.pa.it



HOTELS

Hilton Hotel Villa Igiea	+39 091 6312111	www.hilton.com
Jolly Hotel	+39 091 6165090	www.jollyhotels.it
Astoria Palace Hotel	+39 091 6281111	www.ghshotels.it
Centrale Palace Hotel	+39 091 3366666	www.centralepalacehotel.it
Hotel Del Centro	+39 091 6165543	www.hoteldelcentro.it
Excelsior Palace Albergo	+39 091 6256176	www.excelsiorpalermo.it
Grande Albergo Sole	+39 091 6041111	www.ghshotels.it



RESTAURANTS

Antica Focacceria S.Francesco	+39 091 320264	Via Paternostro Alessadro 58, Palermo
Al Covo Dei Beati Paulo	+39 091 6166634	Piazza Marina 50, Palermo
Kursal Tonnara	+39 091 6372267	Via Bordonaro 9, Palermo
A Cuccagna	+39 091 587267	Piazza P.pe di Granatelli 21/a, Palermo
Acantoblu	+39 091 326558	Via E.Guardione 19, Palermo
Ristorante Cin Cin	+39 091 6124095	Via Manin 22, Palermo

PLACES OF INTEREST:

Palermo, is a city full of life and variation. Palermo remains in many ways a typical Italian city where Catholicism and the 'siesta' hour are taken very seriously. With Sicily's proximity to Africa, its culture and society also has a tendency to reflect this.

Among the most important tourist attractions of Palermo are the City's Norman Cattedrale and the Saracen-Norman-Spanish Palazzo Reale (or Palazzo dei Normanni), a former royal palace added to and altered over the centuries, and now the seat of local parliament. You can visit parts of the latter building, including the Cappella Palatina, an exquisite chapel containing rich mosaics.

Other sights include La Martorana, a splendid Norman church with a Baroque façade, the imposing Teatro Massimo and Vucciria market (which features heavily in Peter Robb's *Midnight in Sicily*). Plays acted by marionettes are a local tradition, and you can visit the Puppet Museum (Museo delle Marionette) to learn more about the history of the art, and see a performance if you can.

IV. THE BASE IN CANNIGIONE

Our Base manager, **Enzo Maurizi**, and his team are waiting to greet you.

Client Welcome

Sailitalia/The Moorings
Via A.Vespucci, 28
Cannigione (Sassari), Sardinia
ITALY

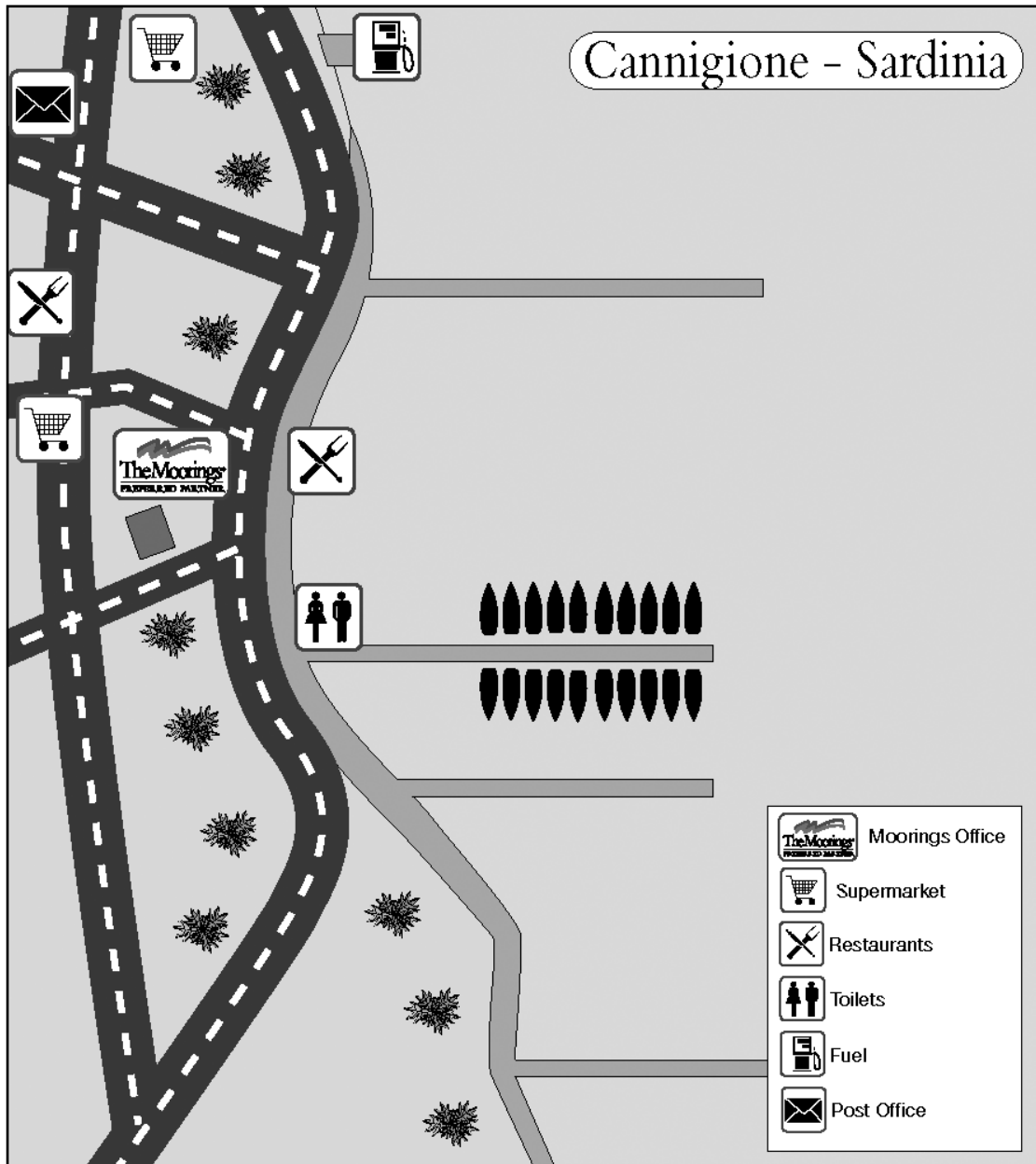
Tel / Fax : +39 0789 88325

Mobile: + 39 331 9574776

Saturday: 9.30am till 7.30pm or until last embarkation

Sunday 9.00am /12.00pm in case of embarkation

Our Base Manager can be contacted 7 days a week



IV.1 HOW TO GET TO THE BASE IN CANNIGIONE



ARRIVAL FROM OLBIA

Cannigione is in the Gulf of Arzachena. The Gulf has two harbours. The first is Mucchi Bianchi on the east side near the entrance, and Cannigione on the West side. The nearest airport is Olbia Airport. Olbia Airport is approximately 27km from the Base. By car the journey to the Base will take about one hour.

Transfers from the airport to the base can be arranged on request.



BUSES

There are no buses available from the airport to Cannigione.



TAXIS (Airport to Base)

Price : 90 euros approx. 1-4 people (+ luggage)
Price : 120 euros approx. 5-8 people (+ luggage)
The transfer takes approx. **1 hour**



USEFUL INFORMATION FOR YOUR TRIP



AIRLINES / AIRPORTS

Alitalia	+ 39 848 865643	www.alitalia.it
Easyjet	+ 39 848 887766	www.easyjet.com
Iberia Airlines	+ 39 199 101191	www.iberia.com
Lufthansa	+ 39 199 400044	www.lufthansa.com
Meridiana	+ 39 0789 52600	www.meridiana.it
Alpieagles	+ 39 899 500058	www.alpieagles.com



CAR RENTAL

Avis	+ 39 0789 69540	www.avisautonoleggio.it
Eurocar	+ 39 0789 69548	www.eurocar.it
Hertz	+ 39 0789 69389	www.hertz.it
Maggiore	+ 39 0789 69457	www.maggiore .it

TRAVEL AGENCY

Agencia Di Viaggi Totem Tours	+ 39 0789 88153	www.totemtours.it
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IV.2 BASE FACILITIES IN CANNIGIONE

The Port of Cannigione is in the Gulf of Arzachena. The Base is close to the Port. Our boats are located 150 metres from the office. We have an excellent reception, briefing and storage area. Cannigione is also an excellent Base for departures for the La Maddalena Islands, Emerald Coast and Corsica.



SUPERMARKET

Are all located within 300 metres from the SailItalia/Moorings office, open Monday to Saturday from 8:30am till 1:00pm and from 5:30pm till 8.30pm. During the summer months, supermarkets are also open on Sunday mornings.



PROVISIONING

You can ask Sail Italia/The Moorings to take care of your provisioning for you. Please return your order at least 3 weeks before your departure, and the Base will coordinate the delivery onboard your boat upon arrival. Check your purchases and pay the Base directly.



BANKS AND MONEY EXCHANGE

Opening hours : Monday – Friday: 8:30am-1:30pm and 14:30–16:00.

Closed on Saturday and Sundays. Cash Machine operational 24 hours a day



PARKING

There is free parking available not far from the SailItalia/Moorings office. Our base can arrange this for you. Parking should be arranged with your Agent beforehand



HARBOUR OFFICE & INSTALLATIONS

The Marina of Cannigione office is located not far from the Sail Italia/Moorings office. The marina's sanitary installations are located 20 metres from where our yachts are moored.



FUEL

Your boat's tanks will be full upon delivery of your yacht. Refuelling is included in the price of the Med Service Plan.



PORT BERTHS

Sail Italia/Moorings has reserved berths in the Port of Cannigione, 150 metres from the Sail Italia/Moorings office. Your first and last nights moorings are complimentary. All other nights are at customer's expense and subject to availability. Payment details will be confirmed at the Base.



220 ELECTRICITY

All yachts are equipped with power cords, a battery charger and 220V plugs.

The piers in the Marina are equipped with 220V outlets. The inventory includes an adaptor. The piers of other marinas are generally equipped with 220V outlets.



DIVING AND SNORKELLING

To help you avoid travelling with an extra bag, SailItalia/The Moorings has snorkelling equipment (fins, masks and snorkels) for your use at all of its Bases. The equipment is stored in the office.

Just ask to be supplied with the correct size.



ICE

Included in the **Med Service Plan**, ice will be provided on the boat on your arrival. The Moorings yachts are equipped with 12V refrigerators.



POST OFFICE & TELECOMMUNICATIONS

The post office is just 30 metres from the Sail Italia/Moorings office.

The Post Office is open From Monday to Friday 8:00am to 1:00pm and Saturdays from 8:30am to 12.00pm.



TOURIST INFORMATION CENTRES

ASCOR

+39 0789 88510

www.cannigione.org



HOTELS

Hotel Residence Riva Azzurra	+39 0789 892005	www.riva-azzurra.it
Hotel Del Porto	+39 0789 892055	www.hoteldelporto.com
Hotel Baja	+39 0789 892041	www.baja.it
Hotel Micalosu	+39 0789 86326	www.micalosu.it
Hotel Club Cala di Falco	+39 0789 702108	www.delphina.it



RESTAURANTS

Ristorante La Risacca	+39 0789 892025
Ristorante La Sciumara	+39 0789 88212
Ristorante Entro Fuori Bordo	+39 0789 88195
Ristorante Hotel Del Porto	+39 0789 892048

PRIVATE APARTMENTS

Immobiliare Cannigione

+39 0789 892017

PLACES OF INTEREST:

Cannigione lies on the western shore of the broad bay that forms the Gulf of Arzachena. This deep bay has two harbours. The first is Mucchi Bianchi on the east side near the entrance and Cannigione on the West side. Tourist development has transformed this old fishing village, which was also the point of departure for boats to the island of La Maddelena, into a functional, modern holiday resort.

The Gulf of Arzachena, which reaches so deeply into the mainland and seems like a fjord, ends in a lagoon that is highly interesting from the point of view of nature. The small village is charming and the hinterland fertile and green, in marked contrast to the barren rocky landscape so often encountered elsewhere. In the summer, the town is full of life in an unsophisticated enjoyable way.

V YOUR CRUISE

V.1 Procedures for departure

EMBARKATION TIME: 3PM

3pm is the contractual time when you can board your boat. Formalities will be handled beforehand at the welcome office.

LATE ARRIVAL

The Base personnel waits for clients until 9pm. After 9pm, you will find an information sign at our reception office with a message for you indicating your yacht's name and berth. Your boat will be open and indicated by a sign with your name. The boat's equipment will be ready for the night. The Base personnel will be available the next day from 9am.

SAILING INSTRUCTIONS

Itineraries and moorings will be recommended to you on maritime charts of the navigation zone. Dangers or peculiarities of the area will be explained, as well as any information or advice to ensure that your cruise remains care-free. The weather forecast for the next 24 hours will be given to you as well as sailing conditions for the day.

INVENTORY AND EMBARKATION

Whenever possible, we ask you not to load the boat with your baggage before the inventory has been checked. It is also preferable that the boat handover instructions be done with a minimum of crew present.

We ask you to verify the equipment on board with the aid of an inventory list in the manual given to you with the boat's other documents. This verification will help you to remember where everything is located. Someone from customer service will stop by to help you finish this inspection and answer any questions you may have.

DIVING AND SNORKELLING

To help you avoid travelling with an extra bag, Sail Italia/The Moorings has snorkelling equipment (fins, masks and snorkels) for your use at all of its Bases. The equipment is stored in the office. Just ask to be supplied with the correct size.

BOAT HANDOVER

Detailed explanations of the boat will be given to you by the technical person responsible at the Base. Take advantage of his presence by going over and checking the working order of the boat's equipment with the handover manual.

ON YOUR ARRIVAL

Once you have contacted the Base's welcome office, depending on the time of your arrival, you can take care of your provisioning if you have not pre-ordered it. You can visit the town. Our receptionist will be able to advise you on beaches, bars/cafes, restaurants, or places of interest to visit.

You can leave your luggage at our reception during this time.

PROCEDURE

Security Insurance or Security Deposit

Security Insurance

It depends on the size of the boat (minimum 154 euros). With the Moorings Security Insurance, the charterer eliminates a part of the Security Deposit. The Security Insurance is thus limited to a package according to the chosen option.

Security Deposit : please consult our price list. If you are participating in a regatta, the Security Deposit is doubled. Security Insurance is obligatory if you have hired a skipper.

Necessary Documents required at the base before departure

- The Crew list completed and signed by each crew member.
- A sailing résumé and copy of your licence logbook and The Moorings Operating Manual will be given to you after signing the charter contract at the base.

THE EQUIPMENT ON BOARD

Once you are onboard, you will find some basic products already present: toilet paper, a box of matches, soap, a sponge, a floor cloth and a bin liner for each rubbish bin.

LINEN

Sail Italia/Moorings boats are supplied with linen: a blanket, a pillow and linen: one pillow case, one towel, one bath towel and two sheets per person /per week.

RETURN TIME : 5 PM

5pm the day before disembarkation is the contractual time when the boat must be returned and ready for debriefing and checks.

V.2 During your cruise

BREAKDOWN SERVICE AND ASSISTANCE

If you have technical problems that you cannot resolve, do not hesitate to call the Sail Italia/Moorings team. They will arrange assistance for you with the shortest delay. You can contact the Sailitalia/ Moorings Base nearest to where you are during office hours.

The phone number will be provided at time of embarkation.

OBLIGATIONS AND RESPONSIBILITIES OF THE CHARTERER

According to the terms of the contract signed by the charterer, we remind you that the charterer:

- assumes the legal and statutory obligations of the person responsible onboard.
- certifies that he or she has the ability to control or to keep the chartered boat in control.

Should you wish to refresh your sailing abilities, we advise you to hire a skipper for a day or two.

Contact your agent, and we will arrange this service.

EMERGENCY CALL

You can also contact the Base by mobile phone. These numbers will be provided at time of embarkation.

IN CASE OF A SERIOUS ACCIDENT

The Base must be informed of all accidents as soon as possible so they can notify the insurance company and take any necessary steps.

CHARTER WITH SKIPPER:

The skipper is responsible for the yacht.

The skipper assumes the technical control of the boat and will be held responsible for damage that may arise within the framework of his services, whether to the people present onboard, the boat itself or to a third party.

The charterer holds the legal responsibility for the boat and will be responsible for damage caused to the boat by his own use.

V.3 Return Procedures

STATE OF THE BOAT UPON RETURN

The boat must be returned in good order. The boat's equipment must be cleaned and stored in its original place.

We ask that all crockery and cutlery be cleaned and stored in its original place. Personal belongings must be put into bags to free the interior of the boat.

The dinghy must be presented inflated on the deck or on the pier. It is therefore preferable that you return to port in the middle of the afternoon to carry out these steps.

Important Note:

We must ask you to leave the boat no later than 08:00 am the day after your return inspection, so that we can start preparing the boat for the next customer.

THE RETURN INSPECTION

A second inventory will be made using the first made on departure as a reference. A detailed technical verification will be made with an examination of the floor frame, keel bolts, motor fixtures, the propeller shaft and the hull.

RETURN FEES

For loss or damage of equipment, you will be invoiced from your security deposit (please consult the price guide).

CLAIMS

If during your charter a technical problem or difficulty has occurred, and if this is due to something that we could be held responsible for, we ask you to make your claim to the person responsible at the Base when you return. This will authorise you to assert your rights according to the contract.

THE TYRRHENIAN SEA

Along the mainland coast the winds are generally light in the summer with sea and land breezes producing the most predictable winds. The wind generally blows from the SW-SE at between Force 2-5 in the afternoon and dies down at sunset. At night and early morning there may be a light E-NE wind but it rarely gets above a Force 2. There are frequent days of calm weather especially in the Gulf of Salerno and the Gulf of Policastro. In places the wind may be more westerly. Towards the Strait of Messina the prevailing wind is from the NE or SW blowing up or down through the Strait of Messina. At Reggio Calabria winds from the NE account for 50 per cent of all wind observations in July and August. In the spring and autumn there are frequently short-lived thunders-torms and associated strong winds close to the coast.

V.4 Local navigational conditions

HAZARDS

We would like to draw your attention to two of the most frequent causes of accidents in our region: grounding and propeller fouling.

- Running aground: Running aground is unfortunately, frequent and causes enormous damage: rupture of flooring and partitions, water infiltration, injury to the crew and interruption of the cruise. The risk of running aground is even greater because of the beauty of the area, the absence of tides and an open coastline. It is easy to forget the primary rules of navigation. Pay careful attention to the detail on the charts, the coastal guides and nautical instructions, and check them regularly. Constantly be aware of your surroundings. If you have any doubts, (after consulting nautical charts, navigation ruler, handbearing compass, etc.) do not take the risk! Electronic instruments (sounder, GPS, etc.) are navigational aids and you must not rely on their information only.

- Propeller fouling : This can also cause severe damage: the propeller shaft may become bent, the bracket may be bent or torn out, the engine can be torn off its mounting, the cutlass bearing may be damaged and a serious leak may occur. Before starting the engine, check that no ropes, painters or sheets are overhanging. When sailing with the engine, watch for nets and floating ropes or fishing lines.

If the engine suddenly stops, check that there is nothing caught around the propeller (the cause of 98% of engine stops) before starting again. Check that there are no leaks around the stuffing box.

- Towing

In the Eastern Mediterranean it frequently happens that the captain of a vessel that has taken another vessel (or vessel that has been abandoned) on tow has the right to claim ownership or compensation for the towed boat. For a chartered yacht this means confiscation by the port authorities and the end of the cruise. To prevent any unpleasantness from being towed, always make sure you have enough fuel, to avoid going aground or damaging the propeller shaft.

Do not be towed for a minor problem.

Beware that assistance at sea is an obligation and that the towage can be negotiated. If towage is really necessary for the safety of the crew and the boat, come to an agreement before a witness (use the VHF).

Never take the other boat's towline—it is like handing your boat over to them.

Instead, give your own towline. Should they refuse, their intentions become obvious.

Inform the base as soon as possible so they can take the necessary steps with the insurance company.

PORTS & MARINAS

During the summer months, you will generally need to call in advance to reserve a berth at other Ports and Marinas. You will find a booklet on board listing the telephone numbers for these. During the summer months, the main Port of Capri in particular is extremely difficult to reserve a berth and during the briefing other possibilities will be suggested. Port authorities will sometimes request the boat's papers and your charter contract.

Do not forget to retrieve your documents before leaving

BUOYING

In all European waters, the International A system is used and the B system used in American and Caribbean waters.

Leaving the harbour, red beacons will be to Starboard and green beacons Port (the opposite to the B system). You will also find yellow and black beacons called Cardinals that do not exist in the B system.

RESTRICTED ZONES

These will be advised during the briefing given at embarkation.

TIDES

In the Mediterranean, the tide range is very small: 20cm to 40cm (one to two feet) including the variation of level due to atmospheric pressure and dominant winds.

WEATHER FORECAST

When you arrive at the Base, we will provide you with a weather forecast for the next 24 hours. On your radio, you can also listen to the weather forecast 24 hours a day on Channels 68 and 21 in both English and Italian. Harbour Offices also receive a weather forecast regularly.

VI. RESPECT THE SEA

The sea is our common heritage. We must make a maximum effort to preserve this environment for our own enjoyment, and for that of our children and for generations to come.

RUBBISH

Only rubbish that is totally and rapidly biodegradable can be released into the sea without risk. Nevertheless, avoid doing this near the coast. Everything else must be kept on board and thrown away in rubbish containers provided in ports..

SEAWEED BEDS "POSIDONIES"

Throughout the Mediterranean seaweed/algae beds are threatened or are regressing. Be careful not to anchor on these beds : fish reproduce there and these algae take more than a hundred years to establish themselves. To drop anchor in them and damage them when you moor annihilates the living sea.

HOLDING TANKS

As it is still a problem to get holding tanks pumped out in marinas, they must be emptied outside the 12 mile zone. To avoid problems with the tank system (they usually get blocked due to incorrect handling), the best thing is to empty once a day after you have left the marina or anchorage.

LIBRARY ON BOARD

Obligatory Works

- Signal Book in English

Nautical Guides:

- Italian Waters Pilot, by Rod Heikell, Imray Editions in English and Italian

On request at the Base:

- Griechische Küsten, by Rod Heikell, Imray Editions in German

TOILETS

In port, do not use the boat's toilet; always make use of the port's toilets.

DIESEL

Be careful when filling-up with diesel. Pay attention the entire time to avoid any overflow.

-Used oil

Normally, you won't have to change the motor oil. Sailitalia / Moorings does it regularly for you except if you are on a long charter when you would have used the motor for more than 100 hours. In this instance, have a 5 litre empty tin ready for the used oil before beginning the operation. Never empty the used oil into the sea or into a drain. Most ports are equipped with special reservoirs to receive used oil.

VII. TYPICAL INVENTORY

Non-contractual document given for information only.

The detailed inventory for each boat is given at embarkation.

Deck & Cockpit

- 1 Anchor
- 1 Galvanised chain
- 1 Windlass
- 1 Windlass handle
- 1 Boom for genoa
- 1 Genoa
- 1 Mainsail (+ Batten)
- 1 Sail ties
- 1 Mainsail cover
- Fenders
- 2 Horseshoe lifebuoys
- 1 Floating light
- 1 Yacht's flag
- 1 Gangway
- 1 Door panel and key
- 1 Dinghy
- 1 Pump for dinghy
- 2 Oars for dinghy
- 1 Life raft
- 1 Spare anchor
- 1 Emergency helm
- 1 Hand bilge pump lever
- 1 Water hose
- 2 Plastic buckets
- 1 Boat hook
- 1 Deck brush
- 1 Jerrycan for water
- 1 Jerrycan for fuel
- 1 Jerrycan for engine oil
- 1 Fuel funnel
- 1 Handbailer
- 2 Bottles of gas
- 1 Sun awning or Bimini top
- 2 10 metre Warps
- 2 20 metre Warps
- 2 50 metre Warps

Security Gear

- _ Life jackets (adults)
- _ Life jackets (child)
- _ Safety harnesses
- 3 Fire extinguishers
- 1 Box distress flares
- 1 Bosun chair
- 1 Black ball

- 1 Radar reflector
- 1 Bolt & Wire cutter
- 2 Lead lines¹

Chart Table Corner

- 2 Winch handles
- 1 Hand bearing compass
- 1 Navigation ruler
- 1 Divider
- 1 Distress mirror
- 1 Lead pencil & sharpener
- 1 Eraser
- Padlocks
- Charts
- 1 Water pilot
- 1 Lighthouse book
- 1 Binoculars
- 1 Flash light
- 1 Searchlight
- 1 V.H.F
- 1 CD player
- 1 Sounder
- 1 Log / Speed
- 1 Anemometer/ Windex
- 1 Foghorn
- 1 Tool box
- 1 Spare parts box
- 1 Sail repair kit
- 1 Dinghy repair kit
- 1 Set of flags N.C.Q

Heads

- 1 First aid kit
- 1 Dustbin per WC
- 1 Toilet brush for WC

Kitchen

- _ Plates
- _ Soup dishes
- _ Coffee cups
- _ Bowls
- _ Glasses
- _ Forks
- _ Knives
- _ Spoons
- _ Small spoons

- _ Saucepans
- Frying pans
- 1 Kettle
- 2 Salad Bowls
- 1 Plastic strainer
- 3 Plastic boxes for food
- 1 Ladle
- 1 Big kitchen knife
- 1 Bread knife
- 1 Small kitchen knife
- 1 Small strainer
- 1 Can opener
- 1 Bottle opener
- 1 Cork screw
- 1 Coffee pot and filters
- 1 Water Jug
- 2 Cutting boards
- 2 Sink covers
- 1 Lemon squeezer
- 1 Pyrex oven dish
- 1 Dustpan & brush
- 1 Clothes peg set
- 4 Safety devices for stove

Linen

- _ Blankets
- _ Pillows
- _ Sheets
- _ Towels
- _ Pillow cases
- _ Kitchen towels

Optional Equipment

- 1 Padlocks for outboard
- 1 Petrol can
- 1 M.P.S
- 2 Sheets
- 2 Blocks + Shackles
- 1 Portable GPS
- _ Extra berth cushions

VIII.SAMPLE ITINERARIES



ITINERARY 1 : From Procida

One Week (approx. 120 NM) - Procida - Procida

1

Day 1: Procida - Ischia
Day 2: Ischia - Ventotene
Day 3: Ventotene - Ponza

Day 4: Ponza - Palmarola
Day 5: Palmarola - Capri
Day 6: Capri - Procida

One Week (approx. 110 NM) Procida - Procida

1b

Day 1: Procida - Ischia
Day 2: Ischia - Capri
Day 3: Capri - Amalfi

Day 4: Amalfi - Cetara
Day 5: Cetara - Positano - Ischia
Day 6: Ischia - Procida

Two Weeks (approx. 300 NM) Procida - Procida

1c

Procida - Palinuro - Stromboli - Panarea - Lipari - Filicudi - Vulcano - Salina - Maratea - Capri - Procida

THE PHLEGRAEAN ISLANDS, CAPRI, SORRENTO AND AMALFI COASTS

This group of islands created by powerful underwater volcanoes includes Procida, Ischia and the uninhabited Vivara. All of the islands have fascinating marine life and Ischia is renowned for its thermal baths and rich vegetation. Our Base in Procida is the perfect starting point for visiting the below mentioned places as a tour of its own or as part of a trip to the Aeolian Islands.

PROCIDA : Procida is a beautiful and historic island, has the highest population density of all the Italian Islands and is the home of the main Sail Italia Base. It is home to the colourful and picturesque bay of Marina di Coricella with its fishing boats and Mediterranean houses that makes it one of the most photographed and colourful spots in the world. Terra Murata is the oldest part of the island which is a particularly interesting place to explore by foot. The church and abbey of San Michele has a small but fascinating museum which is full of antique books, religious artefacts and nativity scenes. Procida has a very strong sailing tradition, the local cuisine is excellent and a series of roads enables visitors to visit even the most isolated places. Procida has many beautiful beaches including Chiaia, Chiaiolella and Pozzo Vecchio. Around the island there are many beautiful bays especially in the areas of Chiaia, Pozzo Vecchio and the island of Vivara. Vivara Island is attached to Procida by a bridge and is a national park with many species of migratory birds. It is not possible to enter Vivara however it is pleasant to tour around by boat.

The local cuisine is excellent with a large array of seafood, excellent local vegetables and fruit, wine and the famous liquor "limoncello" made from lemons that grow in abundance on the island. Locally reared rabbit is a Procidanian speciality and something to be tried. There are many restaurants along the main port, Marina Grande and also at Marina di Coricella which provides a truly picturesque dinner setting. There are also excellent restaurants along the beach shores.

ISCHIA : Ischia is a large island of rich vegetation with an ever changing landscape. It is situated only 3 miles from our Base in Procida. It is an extinct volcano and the promenade of Mt Epomeo offers spectacular views and excellent restaurants. There are many beautiful beaches and bays around Ischia and its principal attraction is the thermal springs. The many hot springs gushing out at high, medium and even cold temperatures are rich in minerals and for centuries have helped people with a variety of illnesses. There are many natural springs around the coast and also thermal gardens which have many different types of water therapy, swimming pools and beach access. The latter usually have an entrance fee. Two of the most famous are Negombo in Lacco Ameno and Poseidon Garden in Forio.

The natural spring of Marina di Sorgeto is very busy and located between Capo Negro and Punto dei Chiarito. The spring warms the cold sea during the winter season.

There are 6 villages and towns on the island: Ischia (divided into Ischia Ponte and Ischia Porto), Barano d'Ischia, Casamicciola Terme, Forio, Lacco Ameno and Serrara Fontana which includes the beautiful small port town of Sant'Angelo. The main harbour of Ischia Porto is very busy and there are also large ports at Casamicciola and Forio. The small port of Sant'Angelo is by far the most picturesque and we recommend anchorage here. It is however difficult to find a place and it is much better to visit during the week instead of the week-end. It is possible to anchor outside Sant'Angelo on the east side in front of Spiaggia dei Maronti and on the west side in the Bay of Sorgeto where the thermal water meets the sea. In between the beautiful Punta San Pancrazio and Ischia Ponte there are two wonderful restaurants that can only be reached by sea. There is a particularly beautiful beach on the north side at the bay of Cala di San Montano. At Lacco Ameno there is safe buoy anchorage. Ischia Porto has excellent restaurants and shopping as does Ischia Ponte. At Ischia Ponte there is the interesting Castello d'Ischia which is an Aragonese castle built in 1438 with origins dating back to 475BC. It is worth a visit to receive a historical account of the island and also for its truly stunning views of the island. There is good anchorage on the north and south sides of the castle and from here you can go by dinghy to Ischia Porto. There seems to be two faces to Ischia, the south is more green and wild whereas the north is more inhabited. For this reason the southern area has the most beautiful coastlines. Ischia cuisine is excellent with a wide selection of seafood and local wines.

CAPRI : The stunning island of Capri is surrounded by a deep sea due to the fracture which separated it (probably 10,000 years ago) from the peninsula of Sorrento. Capri is world famous and well loved for its cosmopolitan, exclusive feel. There are excellent restaurants and a large selection of prestige shops. It is less than 20 miles from our Base in Procida and lies to the south of Procida and Ischia. It is a good stop during a trip to, or returning from the Sicilian islands.

The main port is on the north side of the island and it is very difficult to find a place especially during the weekend and between June and September. Also note that it is very expensive. There is good anchorage on the south side at Marina Piccola. There is a lovely bay, good restaurants and a fantastic view of the huge rock formation "Faraglioni". Capri has no sandy beaches and is really a spectacular island with its craggy rocks, caves and grottos. The sea is very deep so there is not a lot of places for safe anchorage however there are places before and after Punta Ventoso and around the west side of the Faraglioni between Marina Piccola and Punta Ventoso. For overnight anchorage we only recommend Marina Piccola. Capri has two main towns. The largest of these is Capri Town, which is located on the eastern half of the island and is where most of the island's hotels, restaurants and shops are to be found. The town's location offers spectacular views of the Gulf of Naples and the Sorrento Peninsula.

From Capri, a short bus ride will transport you to the smaller town of Anacapri, perched near Monte Solaro at an elevation of 300 metres. Piazza Umberto is Capri Town's main square and the island's heart. The square itself offers spectacular views of the island's cliffs and bright blue water of the Gulf of Naples. A number of narrow and winding alleys branch out from central square allowing you to explore more of this very picturesque town by foot. Another popular attraction is the magical Blue Grotto, an ocean cave located on the northwest side of the island. Light mysteriously enters the cave from below and illuminates the water contained therein.

CAPRI (end) :Visitors are amazed at the unique refraction of light that causes the water in the grotto to glow a brilliant deep, bright blue – the whole cave is illuminated in an ethereal blue neon light. To reach the cave you may purchase a ticket at Marina Grande for a 90 minute boat ride around Capri to the grotto. Upon arrival you will be transferred to a smaller boat and rowed by a guide through the cave. Also worth visiting is Vill Jovis, ruins of Capri's largest and most luxurious imperial Roman villa. It is located on a beautiful cliff on top of Mount Tiberio, about 1,200 feet above sea level.

SORRENTO COAST :Along the coast to Sorrento from Capri there are a lot of beautiful bays, traditional restaurants and places of interest. There are many restrictions so always check with local authorities. The Marina della Lobra or the Sorrento main harbour are good places to take the train to Pompei. Pompeii is one of the world's most important archaeological sites and a day trip there is highly recommended. It was a thriving city until it was destroyed by the eruption of the volcano of Vesuvius in 79 A.D which left it as a city literally frozen in time.

AMALFI COAST:The Amalfi Coast is a beautiful 50 kilometre stretch of mountainous coastline situated on the Sorrento peninsula between Sorrento and Salerno, just south of Naples, in the region of Campania. This coastline is dotted with small picturesque villages and towns stacked precariously on steep, pale rocky cliffs plunging sheer into the Mediterranean Sea.

Amalfi is the largest town on this stretch of coast and is a small and picturesque seaside resort, famous for its glorious history as a maritime republic, has some spectacular scenery, and great weather conditions. The white, pink and yellow cottages are surrounded by whitewashed courtyards and winding alleys that makes a walking tour a pleasant experience. Amalfi also has several historical monuments that are worth visiting, such as the Cathedral, the old dockyards and the old Paper Mills where the famous paper of Amalfi was made in the past. Many buildings in the town are surrounded by immaculately kept gardens and terraces, lemon trees, and grape and olive vines. Fuel, water and amenities are available.

Positano at the start of the Amalfi coast is a beautiful town built up and along its steep hill, with its typical mediterranean architecture and fine views. The small streets and the flights of steps that characterise Positano offer a wide variety of small shops, typical workshops, ateliers, and cafes. It is a great place for shopping or just strolling and wandering around. Positano is popular for the production of clothes, lemon liqueurs and sweets, handmade shoes, and many other specialities. It has an ancient history as part of the medieval Republic of Amalfi, but there are very few buildings from that period. Most of the monuments date back to the 18th century. The church of Santa Maria Assunta, near the beach, has a beautiful dome and some artifacts

After Amalfi there is the small harbour **Minori** and continuing on a few miles there is the small fishing harbour of **Cetara**. There is a beautiful saracen defence tower overlooking the town and it is the quiet marine centre of the Amalfi coast. It has a strong fishing tradition and the sea offers plenty of fish, partly salted and sold in jars. It has a lovely beach and is truly a wonderful place to visit.

Pay special attention when crossing from **Punta Licosa** and always stay at minimum 3 miles from the coast. After Punta Licosa there is beautiful coastline and fuel, water and amenities are available from Acciaroli. Continuing on from **Acciaroli** to Palinuro there is spectacular scenery and coastline. The port of **Palinuro** is on the north side of the point. On the south side of the port there are lovely bays, Isolotto del Coniglio and the beach, Spiaggia del Buon Dormire.

After Palinuro we recommend continuing south to **Marina di Camerota** which has a harbour and fuel, water and amenities are available. Marina di Camerota is a picturesque fishing town and beach resort in the heart of the Cilento region, between Capo Palinuro and Sapri. It nestles in a curve along a coastline thick with olive trees, between two small promontories, each dominated by a tower.

After Camerota is the **Bay of Infreschi** which is extremely beautiful, has fantastic swimming waters and excellent restaurants. After Bay of Infreschi we recommend crossing directly through **the Gulf of Policastro** to **Maratea** which has a small harbour, quay anchorage, fuel and water supplies. The town is built on the hill like in Camerota. Continue along the coast to **Isola di Dina** and from here cross to the Aeolian islands.

PONTINE ISLANDS

PONZA : Ponza is a popular island for water lovers and has spectacular ragged coastline, cliffs and caves. Monte La Guardia is Ponza's highest point and from there you can admire the beauty of this narrow, long and half-moon-shaped island. The busy port of Ponza offers anchorage, fuel, water and amenities however it is expensive and does not provide protection from north-east, east and south-east winds. The port area has nice shops and some excellent restaurants. A good alternative is to anchor in the following areas: Between Punta Santa Maria and Cala Inferno and between Punta Frontone and Cala d'Inferno which has a very beautiful beach and good protection from westerly, north-westerly and south-westerly winds.

The bay of Chiaia di Luna has fantastic caves and good protection from south-easterly, easterly and north-easterly winds. This beach is connected to the town by a tunnel that was dug out by the Romans and contains archaeological remains.

Between Faraglioni and Capo Bosco there are excellent swimming waters and between Cala di Feola and Cala dell' Aqua there are excellent swimming areas, caves and grottos with protection from south-easterly, easterly and north-easterly winds. We recommend you do not miss exploring with dinghy the caves between Cala Chiaia di Luna and I Faraglioni. Also do not miss the famous Arco Naturale (natural arch) located behind the rocks of Evangelista in the north east of Ponza.

GAVI : Gavi is a small island on the extreme point north of Ponza. It is not possible to pass between the island of Ponza and the island of Gavi. It is a beautiful area with many small rock formations rising from the sea and for this reason it is necessary to pay special attention when sailing through the area.

PALMAROLA : Palmarola is the most western and second largest of the Pontine islands. The island offers remarkable geographical sights such as the oxidianic, multi coloured rock composition of the cliffs, caves, crags and bays. One side is protected from north-westerly, westerly and south-westerly winds while the other side is protected from south-easterly, easterly and north-easterly winds. If the weather is not good we suggest that it is better to stay at Ponza.

The most famous bay is that of Cala del Porto which has good anchorage and protection from easterly and north-easterly winds. On land here you will find the only two restaurants on the island which specialise in seafood dishes and local specialities. The rest of Palmarola is uninhabited.

There are many beautiful areas to swim in crystal clear waters and many interesting caves to explore. Punta Tramontana on the north side is a great place to stop for a few hours. Good places to anchor include the area between Faraglione di Mezzogiorno and east of Scoglie di Suvace and the area between Punta Vardella and Scoglie Forcina which offers protection from north-westerly, westerly and south-westerly winds. Pay attention to the Secca Zirri and do not pass between Punta di Mezzogiorno and Faraglioni Mezzogiorno.

ZANNONE : Zannone Island has a surface area of little more than 1 square kilometre. It is part of the Circeo National Park because of its beauty and the integrity of its environment. The island is uninhabited but monitored by Forestry Services. Zannone has a sedimentary origin as opposed to the volcanic origin of the other Pontine islands. There are ruins of a Benedictine convent and a natural museum that are interesting to explore. There are two possible anchorage points: Capo Negro in the north and Punta Varo in the south. The Secca del Varo and Secca del Mariolo between the west and south-west coast is a rocky, shallow area where extreme care must be taken. It is a lovely island for swimming and a day visit however we don't recommend staying at anchor overnight as there is not good wind protection and it is not safe with south-easterly, easterly and north-easterly winds.

VENTOTENE : Ventotene is a small island that was formed by volcanic activity and has generally high and ragged coasts and two small, beautiful beaches behind the built up area: Cala Rossano and Cala Nave. In isolated areas away from the port there are other stretches of beach such as Parata della Postina, Moggio di Terra and Parata Grande. The rugged nature of the coastline invites many interesting and pleasant stops such as around the Scoglio La Nave in the east part of the Ventotene sea. There are two in port anchorage possibilities: Porto Romano (The Old Roman Port) which is small and very beautiful and Porto Nuovo (The New Port) is not as picturesque but cheaper. Note that at Porto Nuovo there is usually some sea swell movement. Fuel, water and amenities are available.

The west side boasts two fantastic bays; Cala Parata and Punta Pascone. At the council centre (commune) there is an interesting Museum of the Sea (Museo del Mare) which provides an interesting history of the area.

SANTO STEFANO : Santo Stefano is the smallest of the Pontine islands. It is of volcanic origin and uninhabited. Sailing around the island offers fascinating views enhanced by the intensely blue coloured sea and by the dark and ragged basaltic rocks. The sea beds around the island are full of many different species of fish. A visit to the island offers spectacular views from the top of steep cliffs and takes in the panorama of the stretched shape of Ventotene and, looking south, the high mountain profile of Ischia. The south part is protected so it is not possible to anchor there. Currently the only anchorage allowed is in the north part of the island near an old Borbon built prison which is interesting to walk around and visit if possible.



ITINERARY 2 : From Tropea

One Week (approx. 150 NM) - Tropea - Tropea

2

Tropea - Stromboli - Panarea - Lipari - Vulcano - Filicudi - Salina - Stromboli - Tropea

Two Week (approx. 250 NM) Tropea - Tropea

2b

Tropea - Stromboli - Panarea - Salina - Filicudi - Alicudi
 Ustica - S.Vito - Palermo - Cefalù - Vulcano - Lipari - Tropea

Three Weeks (approx. 800 NM) Tropea - Tropea

2c

Tropea - Messina - Taormina - Catania - Siracusa - Malta - Gozo - Lampedusa - Linosa
 Pantelleria - Marittimo - Favignana - Levanzo - S.Vito - Ustica - Alicudi - Filicudi
 Vulcano - Lipari - Salina - Panarea - Stromboli - Tropea

THE AEOLIAN ISLANDS AND USTICA

TROPEA : Tropea is one of the most beautiful towns in Calabria on the south Tyrrhenian coast. It overlooks a crystal clear blue sea with stupendous white, sandy beaches and fantastic rock formations. The valleys are fertile and abundant with fruit and citrus trees and fields of vegetables. Tropea has an interesting historic and artistic profile. There are beautiful frescoes and numerous ancient churches.

The town preserved well its 16th century planning and places of interest include Porto Nuova, The Sanctuary of Santa Maria dell'Isola and The Museum of Traditional trades of Calabria. The Aeolian Islands are only 30 miles from Tropea.

Also from our Base in Palermo it is also ideal to visit the Aeolian Islands. It is less than 30 miles to Ustica and the first stop of the Aeolian Islands is 50 miles away. From Palermo to Cefalu is 30 miles and after Cefalu to the Aeolian Islands is 35 miles

LIPARI : Lipari is the oldest and largest (48 square km) of the Aeolian Islands. This elevated and craggy island has spectacular beaches and breathtaking ragged coasts whose walls rise from below the sea. Besides the town of Lipari there are four more villages on the island; Canneto, Acquacalda, Quattropiani and Piano Conte. Visitors to Lipari can enjoy not only the sea but also its archaeology, art, castles and museums. On the east of the island is the port of Lipari which is the largest of the Aeolian Islands and there is fuel, water and amenities available. There is anchorage at Sotto Monastero where a lot of ships arrive. It is close to Marina Piccola which is a lovely small village however it is not protected from easterly, north-easterly and south-easterly winds.

The small harbour of Pignataro is near by and although it is difficult to find quay anchorage it is possible to anchor just outside the harbour which provides protection from westerly and north-westerly winds.

If there is a sudden change in the weather it is advised that you leave immediately and move to the other side of the island between Le Formiche and Punta La Grotticelle, here you will find good anchorage and beautiful crystal clear waters for swimming and snorkelling. On the north side of the main harbour is Monte Rosa where there is a spectacular beach of white sand and pumice. In the past there was a factory here. Porticello in the north east also boasts beautiful beaches. There is an interesting Sea Museum and there are Roman ruins near the Monastery which is situated above Sotto Monastero.

SALINA : Salina is the second largest island (26.8 square km) and is only 2 miles from Lipari. It is the only Aeolian island with blooming vegetation and more than 400 different types of plants grow here. It is also the island with the highest peaks such as the three volcanoes that originated it: Monte Fossa dell Felci (962m), Monte dei Porri (860m) and Monte Rivi (850m). There are three villages; Santa Maria Salina, Malfa and Leni as well as five hamlets: Lingua, Rinella, Valdichiesa, Pollara and Torricella. The main port is Porto Santa Marina where there is fuel, water and amenities available.

There are some excellent restaurants here such as Porto Bello, Mamma Satina and in Lingua, a small village 2 miles from Santa Maria (where it seems as though time stopped 200 years ago) the restaurant of La Cannata. Salina provides good protection from strong winds and as Salina is the only safe harbour of the Aeolian islands it is a very busy place and it is difficult to find quay anchorage. On the south side of the Marina between Punta Lingua and Santa Marina there is good anchorage with protection from westerly, north-westerly and south-westerly winds. Rinella on the south side of the island has a small harbour and lovely bay. It is a wonderful place to stop at night and it was here that the famous Italian movie "Il Postino" was filmed. Pollara has excellent views and sunsets and provides protection from easterly, north-easterly and south-easterly winds. On the north of the island near Malfa is a lovely place for a visit in the day but not recommended to stay overnight. The whole of Salina is very beautiful and has a timeless, unspoilt feel to it. It is worth renting a bike, car or scooter to explore the island and enjoy its volcanic areas and typical architecture.

ALICUDI : Alicudi is the most isolated of the Aeolian Islands and is in fact an extinct volcano that rises out of the sea. It has spectacular shores and an interesting underwater panorama. There are only approximately 150 inhabitants, it is a very traditional place and it feels as if time stopped here more than 100 years ago.

There are no cars on Alicudi, only donkeys. It is surrounded by very deep waters and it is difficult to anchor. There is only one place to anchor which is between Palomba and Punto Fucile in the south east of the island. It is only possible to anchor here in good weather and the yacht must never be left alone. Alicudi has a single village that rises up to Filo dell'Arpa, offering a spectacular panoramic view. We recommend Alicudi for a day visit.

FILICUDI : Filicudi is a spectacular island where like Alicudi it seems that time stopped centuries ago. It is only in the last 10 years that electricity arrived. It is the most ragged of the islands and its steep slopes, rocky coastlines and craters are its main features. The tallest of the craters is Fossa dell Felici (773m). The Grotta del Bue Marino is a huge sea cave on the north side of the island and is a must to visit. To experience the true beauty of these waters the southern area between Capo Graziano and Pecorini must be explored. There is a small quay and buoy anchorage (payment necessary) where there is good protection from easterly and north-easterly winds and the small village has a wonderful bar and restaurant. Pecorini has only been connected to Filicudi Port for the last 10 years, before this the two were connected by boat only.

The waters surrounding the area are said to be the most beautiful of the Aeolian Islands with a vast fish population, beautiful caves and panoramas. On the east side of the island is the main harbour, Filicudi harbour where ferries and boats arrive. There is buoy anchorage (payment necessary) and it provides protection from westerly, north-westerly and southern winds. In the harbour area there are excellent restaurants.

There are also beautiful bays and caves on the south-west side and between Punta Perciato and Scolgio Giafante. In these last places it is recommended to only anchor for the day. In the north-west there is the great rock "La Canna" a natural wonder that rises from the sea in a long thin line. Punta La Zotta also offers good anchorage and beautiful swimming and snorkelling opportunities.

STROMBOLI : Stromboli is Europe's biggest active volcano after Etna. It is a 924 metre high lava mountain which dramatically drops down 2000 metres below sea-level. By day you can see the smoke of the peak joining the steam rising from the water and at night from the water you can see the red hot flow descending towards the sea. There are two small villages on opposite sides of the volcano and Stromboli has the blackest beaches of all the Aeolian Islands. There is no quay anchorage at the port where the ferries and boats come in however there is good buoy anchorage on the west side of the harbour and water and fuel are available. There is good anchorage for the day only in front of the beautiful port of Ginostra. To the east side of the quay there is a spectacular black beach however anchorage is restricted.

There is also good anchorage south of Ginostra. The sea depth ranges from 100-1000 metres so extra care must be taken. It is a very nice walk from the port to the town's piazza where there are excellent restaurants, bars and clubs. The contrast of black rock with traditional white houses makes Stromboli a truly magical place. The cuisine is a fantastic mix of Neapolitan and Sicilian foods and the traditional sweet cannolo must be tried in Stromboli. A 30 minute walk will take you to an Observatory and restaurant with fabulous views of the eruptions of the volcano. We suggest an organised tour for a visit to the volcanic area.

From Stromboli sailing towards Panarea we suggest a stop at the island of **Basiluzzo**. Basiluzzo is uninhabited and a fantastic place for swimming, snorkelling and fishing. There is also nearby the beautiful small islands of Lisca Bianca, Dattilo and Lisca Nera. These are all good places to stay for a day as overnight anchorage is not recommended.

PANAREA : Panarea is the smallest but astoundingly picturesque. The main village is called Contrada San Pietro and consists of a group of white houses clustered along the eastern side of the island. The other two villages north and south of San Pietro are Ditella and Drauto. Panarea it can be said is the liveliest of the Aeolian Islands with famous nightclubs and pubs. There is no real safe harbour so boats must never be left alone. There is anchorage on quay where the ferries arrive or in front of the famous club "Raja" where there is fair protection from wind however in the morning if the east wind arrives it is not safe. A beautiful place to anchor overnight is the bay Baia Milazzese on the east side of Punta Milazzese. On the west of this point there is the spectacular bay of Cala Junco. There are restrictions in place so as with all areas we recommend checking beforehand with the local tourist office or harbourmaster.

VULCANO : Vulcano is famous for its baths in the warm waters of its submarine springs. It is studded with fantastic formations, both above ground and under water. There are three volcanoes on the island which are extinct or dormant with only the fumaroles active on one. An interesting place to visit is the Faraglione della Fabbrica just outside the Porto di Levante which is a crag with a natural swimming pool renowned for its therapeutic mud which can be found inside one of its grottos. There are two bays; Porto di Levante and Porto di Ponente.

Porto di Levante has good anchorage and provides protection from westerly, north-westerly and south-westerly winds. Porto di Ponente is a natural bay that also has good anchorage and protection from easterly, north-easterly and south-easterly winds.

All around the island there are spectacular views, interesting bays and black rock formations. The most beautiful bays for swimming, snorkelling and fishing are situated on the south side of the island between Punta dei Porci and Porto Bandiera and the north west side between Punto Monaco and Testa Grossa. There is no water or fuel available at Vulcano however it is only 2 miles to Lipari.

USTICA : Ustica is 36 miles from Palermo and is surrounded by deep sea. It is sometimes called the "Black Pearl" because of the colouring of its volcanic rock forms. It has a beautiful coastline rich in bays, caves and grottos. The Azur Grotto is a half-submerged cavity with crystal clear waters and walls decorated by sponges of various shapes and charming colours; the Pastizza Cave and the Academy Cave have a tunnel almost on the surface which brings to several dark grottoes with typical organisms; the Green Cave is characterised by the colour of the Briozoi colonies.

The Natural Pool created by the volcanic structure and Sidoti Bay, which is the restricted area of the natural marine park, are just a few of the pleasant bathing places. Ustica is protected by a Natural Marine Reserve and is divided into 3 areas depending on the level of protection. We strongly recommend checking with local authorities before entering the areas. Ustica has an interesting and abundant marine life and its seas are rich in many different species of fish, corals, sponges and seaplants. It is a paradise for divers and snorkellers. The small harbour is busy with fishing boats, yachts and ferries however there is a large quay outside the harbour where the water tanker anchors and it is possible to anchor there. Pay attention to southerly and south-easterly winds.



ITINERARY 3 : From Palermo

One Week (approx. 200 NM) - Palermo - Palermo

3

Palermo - Cefalù - Filicudi - Salina - Panarea - Lipari - Alicudi - Ustica - Palermo

One Week (approx. 200 NM) Palermo - Palermo

3b

Palermo - S.Vito lo capo - Favignana - Marettimo - Levanzo - Ustica - Palermo

Two Weeks (approx. 350 NM) Palermo - Palermo

3c

Palermo - S.Vito lo capo - Favignana - Tunisi - Levanzo - Marettimo - Trapani - Palermo

Two Weeks (approx. 350 NM) Palermo - Palermo

3d

Palermo - Levanzo - Marsala - Pantelleria - Favignana - Marettimo - S.Vito lo capo - Ustica - Palermo

Three Weeks (approx. 450 NM) Palermo - Palermo

3e

Palermo - Ustica - S.Vito lo capo - Trapani - Favignana - Pantelleria - Lampedusa
 Linosa - Marsala - Marettimo - Levanzo - Palermo

SAN VITO LO CAPO, EGADI AND PELAGIAN ISLANDS

Our Base in Palermo is the perfect starting point for exploration of The Egadi, The Aeolian and Pelagian Islands, Pantelleria, Tunisia and Malta.

CUISINE : Sicily and the Egadi islands offers a tantalising selection of some of the world's best cuisine. There is a large range of seafood, shellfish and fish. The food is typically Mediterranean mixed with Arabic and Spanish flavours. There is a unique Sicilian type of olive tree called the "sacarena" and the use of olive oil and tomato is prevalent in many dishes. Spices are widely used in Sicilian cooking and include almond, jasmine, rosemary, mint, olives and basil. Sicily is famous for their excellent desserts and sweets. Don't miss cannoli (tubular pastries filled with sweet ricotta cheese), pine nut and almond cookies, gelato (ice-cream) and perhaps their most famous sweet, cassata (an Arabic inspired cake). The islands in particular offer excellent seafood and different couscous Based meals.

SAN VITO LO CAPO : Starting from Palermo we recommend a stop at San Vito Lo Capo which shares its name with the beach and the fishing village which developed around an old Saracen fortress, later turned into a shrine dedicated to San Vito. San Vito is a lively town with an excellent mix of sun, sea, history and monuments. Two points of special interest are The Sanctuary and Santa Crescenza both built in Arab-Norman style. From The Sanctuary square there is the main road of Via Savoia that is closed to traffic and offers a lovely walk that leads to the sea. Also recommended is a visit to the Museum of the Sea on Via Savoia. Here you will find important archaeological discoveries from the sea bottom of San Vito. From San Vito Lo Capo we recommend crossing to Favignana or Levanzo to begin your island exploration.

THE EGADI ISLANDS

FAVIGNANA :Favignana is the largest of the Egadi islands and is smooth with white tuff caves that can be found along its sides. The west side of the mountain slopes down into the sea, forming a number of evocative caves and grottoes which are a delight to visit. The little town centres around two charming piazzas and the local cuisine is excellent. Favignana is home to the largest tuna fishing station in Sicily (tuna festival is in May). There is a prison, tuna factory and a lot of restrictions. Excellent typical food and tuna. May and June is the time of Mattanza when large groups of tuna pass through the area and are caught by the tonnaroti (tuna fishermen).

The boats go to sea to cast the nets so to create a corridor and the tuna go through it following a fixed route. Besides the so-called chamber of death is also placed a thick and dense net, closed at the bottom, where the tunas are closed and then under the direction of the Rais, they start to kill the animals. The ritual contains something sacred and it marks the existence on the island since this, in the past, due to the Mattanza big catch.

The complex and ritual way of fishing follows rhythms and formalities fixed by the Rais, chief of the tuna station, once the only head of the village too.

The west of the island is dominated by Montagna Grossa while the eastern part of the island is flatter and harbours the island's main town. The jagged coastline is interrupted by short stretches of beautiful sandy beaches. There are many areas with lovely bays and good anchorage: Cala Rotonda and Cala Grande on the west coast and the area between Punta Faraglione and Punta Sottile on the north western coast. It is also possible to anchor in the bay of Porto Favignana which is a small harbour with fishing boats, ferries and there is water, fuel and amenities. It is not easy to find quay mooring although inside the port provides good protected anchorage. There is a nice village which has small boutiques where you can shop for traditional handicrafts and food stuffs.

There are many excellent restaurants and it is a lovely place to explore by foot. For nice swimming and good anchorage along the area between Punta Longa and Cala Rotonda on the south side of the island is excellent. There are many wonderful beaches, rocks, clear waters and a lot of variation in the scenery. A perfect place for snorkelling and diving. This is good area to anchor overnight with protection from north and north westerly winds. In the north west of the island there is a wonderful characteristic small bay of Cala Rossa. The caves are very beautiful, like the Grotta Azzurra; the Grotta degli Innamorati (The Lovers' Cave) and finally the Grotta dei Sospiri (The Cave of Sighs).

MARETTIMO :Marettimo is the most remote and wildest island of the Egadi group and is defined by its steep, rocky mountains with great limestone cliffs that plunge down into the sea. There is Monte Falcone (700 metres) and the area is a very well protected marine reserve. The hamlet of Marettimo is nestled at the foot of the mountain and to one side extends Punta Troia which is topped with ruins from a Spanish castle that served as a prison until 1844. The island is covered with a rich and varied vegetation of more than 500 rare and unique botanical species.

There are numerous caves that nestle among the dramatic cliffs along the coast. The most striking include the Grotta del Cammello in which shelters a small pebble beach, Grotta del Tuono (Cave of Thunder), Grotta Perciata and Grotta del Presepio. The bay of Cala Bianca is very deep but a beautiful place to anchor as is the bay of Cala Manione. In the south of the island between Punta Libeccio and Secca del Cretazzo there is an area of stupendous waters and beautiful places to anchor. In the bay of Punta S. Simone there is good anchorage and it is here that the main village is located.

There is anchorage outside the harbour at Cala Mannione on the east side of the island where you can anchor or alternatively we recommend travelling up and down from Favignana. There are many restrictions around Marettimo and the whole of the west side has restricted entry. We suggest taking a tourist boat trip to visit this stupendous area with beautiful caves, beaches and sea; it is definitely a tour not to be missed.

LEVANZO : Levanzo is north of Favignana and the smallest of the Egadi islands. It is an unspoilt and very beautiful island, immersed in green, natural vegetation and surrounded by a crystal clear sea. It is famous for its Grotta del Genovese (cave of the Genoese) where there is evidence of prehistoric art and paintings dating back to the Neolithic age. There are many hills, the tallest being Pizzo dei Monaco (278m) The only built up area is situated on the southern coast of the island in a bay called Cala Dogana.

Here there is a small harbour where you anchor and visit the small village where there are a few excellent restaurants and bars where you can sample the variation of fish soups and specialities and traditional couscous.

Levanzo's waters are a paradise coloured rich shades of green and deep blue and there are spectacular places for swimming and snorkelling between Punta dei Sorci and Capo Grosso in the north and north-west of the island.

PANTELLERIA : If time allows a visit to Pantelleria is recommended. It is 50 miles from Favignana and it is possible to spend 2 or 3 days exploring the fascinating architecture and relics of lava stone artefacts from the Phoenecian Age. It is a volcanic island close to the African coast and the highest point on the island is Montagna Grande (836m) which is an ancient crater. The rocky black lava coastline is riddled with caves and small headlands projecting into the sea. The land mass being volcanic is extremely fertile and well drained, and therefore suited to the cultivation of wine.

The traditional type of house is called 'damuso' which is Arab in origin. Pantelleria is truly an island to explore and fall in love with. There is a good marina north of the island with water, fuel and amenities. The local cuisine is excellent and it is essential to try the fish specialities and Pantescan couscous. There are some places at the main port near the fishing boats that offer free quay mooring. There is also good anchorage on the south west side of the island. Don't miss a fantastic swim at Lago di Venere inside the island. It is volcanic in origin and has thermal springs and salt water draining into it. Here is the airport and ferry services for southern Italy, Palermo etc



ITINERARY 4 : From Cannigione

One Week (approx. 70 NM) - Cannigione - Cannigione

4

Cannigione - Maddalena - Spargi - Bonifacio - La Vezzi - Cavallo - Isola Piana
Budelli - Santa Maria Razzoli - Caprera - Cannigione

One Week (approx. 70 NM) Cannigione - Cannigione

4b

Cannigione - Porto Cervo - Porto Rotondo - Mortorio - Soffi - Caprera - Isola Maddalena - Cannigione

Two Weeks (approx. 120 NM) Cannigione - Cannigione

4c

Cannigione - Maddalena - Budelli - Santa Maria Razzoli - Santa Teresa di Gallura - Golfo di Roccapina - Propriano - Ajaccio - Bonifacio - Isola Piana - Lavezzi - Cavallo - Porto Vecchio - Caprera - Cannigione

Two Weeks

4d

Tour of Corsica or Sardinia

SARDINIA AND SURROUNDING AREAS

Our Base is located in **Cannigione**, a perfect starting place to discover the Maddalena Islands, Costa Smeralda and Corsica. The islands are located inside the Straits of Bonifacio along the north-eastern coast of Sardinia and are famous for their crystal clear waters, pink sand, coves, rocks and blue cliffs that rise from deep sea beds. La Maddalena Island is surrounded by the islands Budelli, Caprera, Razzoli, Santa Maria, Santo Stefano and Spargi.

Sardinia is situated in the middle of the Mediterranean Sea, has 1800 kilometres of coastline and is renowned for its natural beauty, geographical position and history. Sailing in Sardinia offers extraordinary landscapes through small and large inlets and bays with dazzling white sand and crystal clear seas. There are good winds levels every day which makes it a sailing paradise.

CUISINE : Sardinian cuisine offers a vast choice of speciality dishes. There is excellent seafood, in particular bottarga “Sardinian caviar” made of dried mullet roe, sea urchin with spaghetti, fish soups, lobster and an array of fresh fish. In and around the coast of Sardinia there are many agro-tourism restaurants which serve home grown food and in particular the mouth watering roasted Sardinian pork “porcheddu”. Also for meat lovers there many variations of beef, lamb, goat, sausages “sartizzu” and a particular ravioli pasta “culingionis” which is served with a wild game ragu. The vegetables, cheeses, deserts and wines of Sardinia are all excellent. Carasau bread is a famous Sardinian export. It is made of thin, crisp sheets and when served with tomatoes and eggs is called “frattau” or when seasoned with olive oil and salt “guttiau”.

THE ISLANDS

Our Base is located less than 2 miles from the Maddalena Islands and everything is so close that a week or two of sailing enables you to enjoy a new place every day. There is always good wind levels and the normally dominant north-westerly wind in the Straits of Bonifacio usually registers 15 – 30 knots. It is important to know where the bays are that will offer you good protection from the wind. The Gulf of Arzachena and Golfo delle Saline are both very protected and there are good harbours at Maddalena, Spargi and Budelli.

LA MADDALENA : La Maddalena is the largest of the islands and the highest point of the island is Monte Guardia Vecchia (156m) which can be reached by road and offers spectacular views. Sailing around the island towards the western coast you find a myriad of small bays: Cala Francese, Cala Inferno and Cala Nido d’Aquila located among the granite cliffs and rocks rising out of the water; Cala Maiore and Punta Cannone. Punta Cannone is linked to Punta dell’Abbatoggia by tongues of sand. The deep cove of Stagno Torto the Bay of Portolungo and Cala dello Spalmatore are all truly beautiful places to visit. South of the island is the harbour which has fuel, water and all amenities.

BUDELLI : Budelli Island has one of Italy’s most enchanting beaches and is famous for its pink sand produced by the coral shattered by the raging sea. It is a highly protected island which has excellent mooring places; the almost deserted small beach of Cala d’Arena and the Spiaggia Rosa (Pink Beach) and Bay Cecca di Morto. There are many beautiful beaches around the southern, north-eastern and eastern parts of the island. Budelli is covered by a low and rich vegetation and the transparency of its waters and abundant marine life make it a spectacular place to visit.

CAPRERA : Caprera is the second largest island and is linked to Maddalena by a street built on a 600m long dam. The island’s name is linked to that of Giuseppe Garibaldi, an Italian patriot who was one of the fathers of Italian independence. His house is now a museum and a memorial chapel and the island itself is a national monument. The trip to view Garibaldi’s house and museum is very popular in season, with visitors queuing to catch one of the regular ferries to Caprera. Garibaldi came to live in Caprera in 1855 after a 20-year exile from Italy. He led his famous 1,000 Red Shirts on his campaign to conquer Sicily and Naples from here in 1861. The elegant homestead has been preserved as he left it. Tours of the property end with his tomb in the garden. There are many coves and anchorages and its sea beds are a must for naturalists and underwater archaeology fans. In particular don’t miss the Bay of Coticcio and Portese Bay, beautiful bays with good protection from western and north westerly winds.

RAZZOLI : Razzoli is the closet island to Corsica and together with the islands of Budelli and Santa Maria it forms a lagoon of Porto Madonna. The highest point of this pink granite island is Monte Cappello (65m); it is a fascinating island with waters abound in fish and many bird species. The jagged coastline of the island forms enchanting coves and bays.

SANTA MARIA : Santa Maria is unlike the other Maddalena islands being the only part granite formation. It has wide, flat areas covered with grapevines. There are many bird species and the aquatic avifauna living in the pond of Santa Maria which makes it an interesting place to visit. Santo Stefano Island lies halfway between the Sardinian coast and La Maddalena. It is famous for its bathing establishment Cala Fumata. There is a beautiful panoramic view from Punta dello Zuccheru (101m) For military reasons there is no public access to the western side of the island.

SPARGI : Spargi is the third island in size and almost the most isolated along with the small islands of Spargiotto, Spatgiotello and the numerous sharp rocks that rise out of the seabed. The island is divided into “tanche”, which are rectangular portions of land surrounded with stones, used to breed wild live-stock. There are some wonderful small bays around the island and it is famous for the discovery of a Roman ship in Cala Corsara whose remains are kept in the Museum N.Labroggia of Maddalena. The highest and most panoramic point of Spargi is Monte Guardia Preposti (155m).

BONIFACIO : From our Base in Cannigione it is only 15 miles to Bonifacio a truly wonderful place where there is a breathtaking fjord. This is a busy harbour where it is difficult to find a place although a good alternative is to anchor just out of the harbour or moor on the rocks and then take a tender ashore. The ancient town of Bonifacio at the very southern tip of Corsica dates from 833 and sits atop a narrow limestone peninsula. The Italian- flavoured town has quaint medieval architecture alongside wonderful cafes, restaurants and boutiques. The old town and citadel, built in the 12th century by the Genoese conquerors, is reached up a long, steep flight of steps. In the town there are many watersport activities on offer and some splendid golf courses.

FRENCH ISLANDS

Close by and not to be missed are the French islands of Lavezzi and Cavallo which have spectacular beaches and beautiful waters.

LAVEZZI : Lavezzi lies in the French marine park between Corsica and Sardinia and is uninhabited except for some donkeys and cows. There is the beautiful Bay of Lazarine and an interesting sailor's cemetery at the back of the beach. The sea of Lavezzi is home to an abundant marine life and is a diver's paradise.

CAVALLO : Cavallo is a French island, very close to the southern tip of Corsica. It is privately owned, so access is limited. You may enter the small port of Cavallo and visit the island by foot. There is a small commercial centre, with shops and restaurants and quite a few private luxury villas, including the summer residence of H.H. Victor Emmanuale, the king of Italy in exile. From this area we recommend continuing to the beautiful western side of Corsica.

STRAITS OF BONIFACIO

From Bonifacio you can continue south to the north side of Sardinia to the main destinations of the Bocche di Bonifacio.

SANTA TERESA DI GALLURA : Santa Teresa di Gallura on the north western side of Sardinia has a nice marina with water, fuel, full amenities and has bus connections to Palau, Olbia and other main destinations. Santa Teresa village is important not only for its beautiful and natural surroundings but also because it's one of the few centres in Sardinia built following an urban plan. It was drawn up in 1820 and included a succession of perpendicular streets headed by two main squares. King Vittorio Emanuele I chose the village's name in honour of his wife. The beautiful beach of Rena Majore is a great place to visit.

THE MARMORATA ISLANDS : The Marmorata islands are quite small, almost set among the rocks. The sand is thicker than that of Rena Majore beach in Santa Teresa. But the beaches here are a real paradise, with incredibly clean waters and extraordinarily shaped granite. The wonderful sea protected from the north-easterly and northerly winds is excellent for swimming, snorkelling and fishing. The seabed is also well-known for the presence of numerous wreck, mixed in with the thick vegetation, granite, fish and molluscs. Divers use the wreck in order to orient themselves.

There are innumerable, beautiful tourist destinations including the San Pasquale suburb, from where you can take a scenic route for an extraordinary view of the sea; the Coluccia peninsula, mentioned by Giuseppe Garibaldi during his stay in Sardinia; the Capo Testa promontory, where the smooth granite has unusual shapes and strange colours and the famous Valle della Luna (Moon Valley). The island of Marmorata and Porto Pozzo provide bays of good protection. Capo Testa has beautiful bays on the north and south side of this cape and wonderful beaches in the area include Baia Santa Reparata, La Licciola, La Marmorata, Longosardo and Rena Bianca.

After Santa Teresa di Gallura on the west side of Sardinia the landscape and coastline becomes wilder and the Port of Alghero and further on at Oristano where fuel, water and amenities are available. From our Base in Cannigione you can also choose to move east or north east of Sardinia.

THE EMERALD COAST

Going out of the Bocche di Bonafaccio on the east side past the Island of Bisce you start to follow the famous and spectacular Costa Smeralda (Emerald coast) The Emerald Coast doesn't need to be presented – its name has become famous all over the world. This corner of Sardinia has been chosen for vacation by the V.I.P's of the world, especially the locality of Porto Cervo and Porto Rotondo. It is a stunning, unforgettable area with breath-taking crystal clear seas, wonderful coastal views and the harbours have exclusive shopping and entertainment facilities.

Being such a prestigious area it is expensive and it can be very difficult to find quay anchorage. It is however possible to anchor in the harbours and bays. Between Capo Ferro and the Gulf of Olbia there is 20 miles of beautiful coastline and bays that provide good protection from the strong winds of the Bocche di Bonifacio. Up until the Island of Tavolara there are many of the most spectacular and famous bays of the area; Porto Cervo and Porto Rotondo. There is also the Marina of Portisco which is less expensive than the previous two. Cala di Volpe, Porto di Cugnana and Golfo di Marinella are safe bays that offer good protection and a large amount of large exclusive yachts.

Moving around Sardinia we suggest the west side of the Island until the Island of Carlo Forte. After the Gulf of Olbia on the east side and past the Bonifacio on the west side you will find a big change. It is less expensive, still very beautiful but there are not so many protected bays

CORSICA



South west until Porto Vecchio there is excellent coastline, green and lush right until the waters edge. Cala Rondinana is extremely beautiful and a good protected place to anchor overnight. Don't miss a swim at Isole Cerbicale. Be careful of the rocks in the middle of the bays in this area. In the south of Corsica, north of Santa Teresa di Gallura there is the wonderful Bonifacio. There is a long spectacular fjord with a small harbour at the end. It is difficult to find space there however there is good anchorage on the rocks along the fjord and in little bays inside the fjord. There are some bars and shopping in the harbour however do not miss a visit to the fantastic town which sits dramatically atop a narrow limestone peninsula. The panoramic views from this beautiful town are stupendous.

The old town and citadel was built in the 12th century by Genoese conquerors and is reached by a long, steep flight of stairs. There are many activities and water-sports on offer and a splendid golf course. There are many excellent restaurants which offer a wonderful mix of Corsican and French cuisine and the buildings are beautiful with traffic free streets to stroll along and enjoy.



Facilities in the Italian Ports & Marinas

THE TYRRHENIAN SEA


Lazio

		
Santa Marinella	✓	✓
Porto Turistico di Roma-Ostia	✓	✓
Anzio	✓	✓
Marina di Nettuno	✓	✓
Formia	⊘	⊘

The Pontine Islands

		
Porto di Ponza	✓	✓
Ventotene Cala Rossano	✓	✓
Ventotene Porto Vecchio	⊘	✓

Procida

		
Marina di Procida	✓	✓
Chiaiolella	⊘	⊘

Ischia

		
Porto d'Ischia	✓	✓
Casamicciola	✓	✓
Lacco Ameno	✓	✓
Forio d'Ischia	⊘	✓
Sant'Angelo	⊘	✓

Capri

		
Marina Grande	✓	✓

Napoli

		
Pozzuli Marina di Maglietta	✓	✓
Sannazzaro Mergellina	✓	✓
S.Lucia	✓	✓
Castellamare di Stabia	✓	✓
Sorrento	⊘	⊘
Marina Grande	✓	✓
Marina della Lobra	⊘	✓
Amalfi	✓	✓
Salerno Porto Masuccio	✓	✓
Agropoli	✓	✓
S.Marco di Castellabate	✓	✓
Acciaroli	✓	✓
Palinuro	⊘	✓
Marina di Camerota	✓	✓

Basilicata

		
Maratea	✓	✓

Calabria

		
Vibo Valentia	✓	✓
Tropea	✓	✓
Scilla	✓	✓

SICILY NORTH COAST

The Aeolian Islands

		
Vulcano	⊘	⊘
Lipari Marina Lunga	✓	✓
Lipari Pignataro	✓	✓
Filicudi	⊘	⊘
Salina Santa Marina	✓	✓
Panarea	⊘	⊘
Stromboli	⊘	⊘
Marina di Portorosa	✓	✓
Cefalù Porto Nuovo	✓	✓
Palermo	✓	✓
Marina di Villa Igea	✓	✓
S.Vito lo Capo	✓	✓
Ustica Cala S.Maria	✓	✓

The Egadi Islands

		
Favignana	✓	✓
Marettimo	⊘	⊘
Levanzo	⊘	⊘

Your cruising log

Day 1 :

Day 8 :

Day 2 :

Day 9 :

Day 3 :

Day 10 :

Day 4 :

Day 11 :

Day 5 :

Day 12 :

Day 6 :

Day 13 :

Day 7 :

Day 14 :

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<p>Cigarette without filter 3 months</p> 	<p>Kleenex 3 months</p> 	<p>Fruit's peel 3-6 months</p> 	<p>Newspaper 3-12 months</p> 
<p>Match 6 months</p> 	<p>Cigarette's filter 1-2 years</p> 	<p>Chewing-gum 5 years</p> 	<p>Aluminium can 10 100 years</p> 
<p>Plastic lighter 100 years</p> 	<p>Plastic tumbler 100-1000 years</p> 	<p>Plastic bag 100-1000 years</p> 	<p>Polystyrene 1000 years</p> 
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NOTES

NOTES



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